



Roaring '20s Bootlegger's Bash Takes Over Orinda Library Plaza

By DAVID DIERKS
Assistant Editor

On September 20, the 9th annual Orinda Classic Car Show will kick off the weekend with its Dancing with the Cars event by taking over the Orinda Library Plaza and converting it into Club 26 Orinda, a roaring '20s speakeasy. Car show founders Chip and Carolyn Herman have recruited Orinda Rotary to produce the event in collaboration with the Orinda Classic Car Show. "The Community Center and Library Plaza will be dazzling with festive twinkle lights and tents aglow," said Barbara Bontemps, organizer of the event. "There will be an exquisite showing of vintage automobiles from the 1920s and 1930s suitable to our Roaring Twenties/Great Gatsby theme upstairs around the sculpture garden." Attendees are encouraged to come in their best flapper/gangster apparel.

Last year, Orinda Rotary helped with the live auction during the Dancing with the Cars event and provided volunteers for both the dinner and the car show. Jack Bontemps, past president of Orinda Rotary, and Barbara Bontemps were asked to help again this year. Barbara Bontemps said, "Jack was

approached by Chip last year to determine if Rotary had an interest in becoming a partner in that effort. We did and so we participated in getting auction items and providing some volunteers to help with the car show itself and with the dinner.



Lois Owens' 1937 Packard Model 1507 appeared on the Orinda Country Club's 16th Fairway last year.

This year, Chip and Carolyn were really interested in getting Rotary's sponsorship of the dinner."

The Orinda Rotary produced party starts at 7 p.m. and includes dinner, dancing, a private showing of cars from the 20s and 30s, hosted cocktails, live auction and a champagne and desert bar. "Orinda Rotary is pulling out all the stops to make this a

truly memorable community event as part of the Orinda Classic Car Show weekend. We're hoping to repeat the success of last year's dinner and maybe do a little better in terms of the fundraising," added Bontemps.

Some of this year's auction items include:

- A fabulous getaway for two to the incomparable Wickaninnish Inn, a

Relais and Chateaux resort located on the beautiful west coast of Vancouver Island. Voted Canada's #1 resort vacation property by Travel and Leisure magazine.

- A wickedly fun Mystery Party for nine couples, the "Railburn Affair" is a quintessential "whodunit" set in the 1930s at a luxurious Rocky Mountain resort (in reality the Quarry House at Wilder).
- Tickets to the final round of the 2014 Masters golf tournament.
- Rule the Yule – a medieval holiday feast of seven courses for 18-20 lords and ladies, featuring choral and instrumental ensembles, comedic interludes, irreverent skits, and touching tributes to the season.
- An Instant Wine Cellar. Last year attendees brought over 3 cases-worth of fine wines from the world's greatest wine-making regions and it sold at auction for \$3,000.

Produced by Orinda Rotary with Mechanics Bank as the presenting sponsor, Dancing with the Cars benefits Orinda non-profit organizations including Education Foundation of Orinda (EFO), the Orinda Association's [SEE DANCING page 12]

Restaurant Tour Includes Trolley Ride and Entertainment

By KATHRYN G. MCCARTY
Staff Writer

This fall the Orinda Chamber of Commerce offers food lovers an opportunity to savor a host of epicurean delights from local restaurants while helping the community with its Sixth Annual Orinda Restaurant Tour.

Candy Kattenburg, executive director of the Orinda Chamber of Commerce and coordinator for the tour said the event, featuring many of Orinda's top restaurants, is an "opportunity to assist a great cause – supporting special programs and non-profits right here in Orinda."

The Restaurant Tour will be held Tuesday, September 24, from 5:30-8:30 p.m. [SEE TOUR page 24]

IN THIS ISSUE

News	
Police Blotter	5
Around Town	
Local Residents/Organizations	8, 9, 12, 21
Performing/Visual Arts	2, 3, 13, 23
Restaurant Guide	15-20
Schools/Students	5, 14, 22
Business Buzz	26
Calendar	23
Car Time	9
Classified	24
Editorial	6
Everyday Changes	4
Orinda Association	7
Seasoned Shopper	25
Something to Howl About	13

Orinda Jazz Festival Promises Renowned and Up-and-Coming Artists

By CHARLIE JARRETT
Staff Writer

The summer may sizzle but the hills of Orinda will be cool with the upbeat, sexy sounds of jazz. The Orinda Jazz Festival, now in its third year, brings top-notch music and musicians to Orinda with any profits raised benefiting the Orinda Arts Council and various community programs. The festival opens at 11 a.m. on Saturday, September 28, in the Orinda Library Auditorium, 26 Orinda Way in Orinda, and closes at 7 p.m. Two Stages will be set [SEE JAZZ page 24]



CHARLIE JARRETT
Bob Athayde, well-known local musician and teacher, goes over music lists with organizer and fellow musician Carol Alban.



LIBRARY GALLERY

Four Experimental Artists On the Razor's Edge of Creativity

By ELANA O'LOSKEY
Staff Writer

“Imagination grows by exercise, and contrary to common belief, is more powerful in the mature than in the young,” or so says Somerset Maugham. This quote applies to the four exhibitors - Marianne K. Brown, Emanuel Rosenheim, Jenny Kolkhorst and Diane Goldstein - in this month's show at the Orinda Library Gallery. It runs from September 4 to October 1. Come meet these vital, experimental artists on Sunday, September 8, from 3 to 5 p.m. where light refreshments will be served. There will be

30-35 paintings on the walls, and the glass cases will be filled with Emanuel Rosenheim's ceramic pieces.

Marianne K. Brown, a teacher and watercolor painter from Moraga, has taught painting and design for 40 years and has exhibited work and won awards both locally and nationally. According to Jenny Kolkhorst, “She has influenced generations of watercolorists and other artists and designers to expand their scope of art.” Brown has a BFA from the Univ. of Wisconsin and a Masters in Art from the Univ. of Arizona. She is a member of the International Society of Experimental Artists, the Lamorinda



CONTRIBUTED PHOTO
Marianne K. Brown has influenced generations of artists.



CONTRIBUTED PHOTO
Untitled 102 by **Marianne K. Brown** is a 15" x 22" watercolor that will be featured in the Library Gallery.

Excellent Care
AT HOME

Heartfelt & Supportive
Care
At All Times...

3645 Mt. Diablo Blvd., Suite D Lafayette
(beside Trader Joe's)
www.excellentcareathome.com

Our mission is to provide personalized care, help maintain independence and enhance our client's quality of life on a daily basis.

- Fully bonded and insured
- Geriatric care management
- Hourly care
- Live-in care
- Transportation to and from medical appointments
- Medication reminders


Call to schedule a free assessment and plan care review. 925-284-1213

Arts Alliance, and a signature member of the National Watercolor Society and the California Watercolor Association. She is the author of *Watercolor by Design*, available on Amazon.

Brown, who admits only to being an octogenarian, says, “In some ways, age opens doors. I have been teaching three 10 week quarters for 40 years, and I have never repeated a lesson,” she says. “My classes are demonstrations and [non-threatening]

critiques; people learn in class and paint at home. Every week I begin with a joke. Most of my ideas come from my imagination – I just keep getting new ideas of how to use watercolors and subject matter. The ideas arise day and night and then I can't wait to see how they will look on paper. My message to my students is to have fun; we have to have fun or we won't do it. I spend two to three days a week planning the next lesson, it's both work and a delight; I'm also learning something new every time. We always teach what we need to learn.”

Brown hopes people will look at her watercolors and decide for themselves whether they like them. Her work is non-figurative, and what people will look at is color, space and design. Not surprisingly, her favorite painters include Diebenkorn and Paul Klee; she expresses admiration for two of her many teachers: Alex Powers and Christopher Schink. To sign up for one of Brown's classes at Hacienda de las Flores




Modern wisdom


To venture beyond the standard-issue modern box with windows...

To design a truly compelling, timeless and innovative modernist home...

To envision a cohesive environment where house, landscape, and interior are perfectly seamless...

ORR Design Office – a unique and rare firm, approaching the design of your home from a new perspective.





925.587.4200 • www.ORRdesign.com
Buildings • Interiors • Landscapes



CONTRIBUTED PHOTO
Diane Goldstein's Frolic #5 will be on display at the September Gallery show at the Orinda Library.

in Moraga, go to www.moraga.ca.us or call 925-888-7035 or 925-888-7045.

Emanuel Rosenheim of Lafayette began working with clay at the San Francisco Art Institute in 1966 where he studied painting and ceramics, earning a BFA degree. He taught for many years and ran the Concord

[SEE GALLERY page 10]

Breedlove

Health, Life, Long Term Care
Business, Families, Individuals
925-254-6262
www.breedloveinsurance.com

Insurance Services

PERFORMING ARTS

Lamorinda Idol Contestants Ready for September 8 Event

By KATHRYN G. MCCARTY
Staff Writer

Sixty young finalists from Orinda, Lafayette and Moraga step into the spotlight at the Orinda Theatre on September 8 beginning at 11 a.m. for a chance to be the next Lamorinda Idol champion. Ranging in age from kindergarten through high school, the enthusiastic young vocalists will entertain audiences for the 8th straight year.

Created and sponsored by the Orinda Arts Council, Lamorinda Idol is open to young people in kindergarten through 12th grade who either attend school or reside in Orinda, Moraga and Lafayette. Entries may be made by individual soloists or by groups.

According to Idol organizers, young participants “learn to choose music that highlights their talent, present themselves creatively, connect with an audience, take constructive criticism, and win or lose graciously.” The show will be emceed by NBC Bay Area’s Diane Dwyer and Amy Hollyfield from ABC 7 News. Judges are singer-songwriter Megan Keely, Bay Area Cabaret executive producer Marilyn Levinson, 42nd Street Moon education director Dyan McBride and classical singer and voice teacher Chad Runyon.

Alexis Zwahlen, a senior at Miramonte High School, enjoys performing “because I love all the energy and excitement I get when I walk on stage. It’s such a rewarding feeling when you’re having fun performing and the audience is also having fun.” Zwahlen has performed twice in the competition, which she calls “an incredible experience.”



Eleanor Roeder performed at last year’s Lamorinda Idol finalist competition.

According to Steve Harwood, Zwahlen is among five-dozen singers competing for cash prizes and an “array of gift certificates from Lamorinda merchants.”

After five auditions, Miramonte senior Anna Finnel is excited to break through into the competition and “to have finally gained the opportunity to sing in the September show,” she said. “I think that what I’ve learned as the years passed is to never give up working towards something that you desire, because if you’re humble and you really never abandon your skill, you will ultimately reign supreme.”

Harwood, who has been involved with the show since its inception, says it has been interesting to watch the contestants over the years. “The examples of the growth of our performers is almost endless, as each year we’ve watched the young people grow right before our eyes,” he said.

Harwood points to contestant and Miramonte junior Maritza Grillo, a winner in four Idol categories, who, as a 14 year

old, wowed the audience at Oakland Fox Theatre with her rendition of “God Bless the Child.” Other Idol contestants, Harwood notes, include Miramonte grad Jac Garrell, a three time Idol winner who performs in a USC acapella group, and, this summer, directed the Lafayette Theatre Academy’s musical, *Once on This Island*. Ben Freeman, the 2007 Idol high school winner and a Miramonte grad, recently graduated from Brown University, with plans to relocate to New York City, to pursue both teaching and the cabaret singing circuit.

Whether or not the Lamorinda Idol performers seek out a music career, the experience is “amazing,” said Zwahlen. “I’ve had so much fun meeting other youth who share my interest in performing. I’ve learned to really appreciate other performers and to learn from them how to improve my own performances.”

For a complete list of finalists, go to www.orindaartscouncil.org.

amboni's
PIZZA CO.

presenting

- Regular & Chicago style pizza
- Fresh, high quality ingredients
- Gourmet specialties
- Pizza by the slice at lunch
- Salads
- Fast, free, on time delivery for lunch, dinner, parties and special events

1 Camino Sobrante, Suite 4
254-2800
Open 7 days 11-10 p.m. Monday - Saturday
11-9 p.m. Sunday

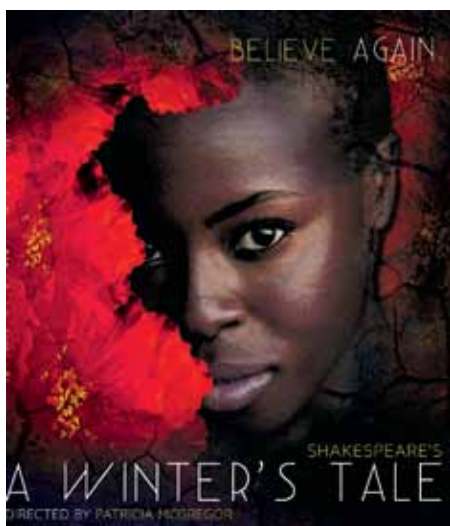
A Winter’s Tale Next On Stage at Cal Shakes

By KATHRYN G. MCCARTY
STAFF WRITER

“A sad tale’s best for winter,” William Shakespeare wrote in *A Winter’s Tale*, the closing production of California Shakespeare Theatre 2013 season. The play, one of Shakespeare’s more obscure pieces, is one of the playwright’s later works and a part of the Romance plays, which include *Pericles*, *Cymbeline* and *The Tempest*.

Directed by Patricia MacGregor, with choreography by Paloma MacGregor, *A Winter’s Tale* will play at the Bruns Amphitheater in Orinda from September 25 through October 20. Written later in his career, the tale features tragic elements well known by Shakespeare connoisseurs, while also demonstrating the author’s wit. The production’s unique blend of tragedy, comedy and romance is spearheaded by collaborators, and sisters, Patricia and Paloma MacGregor.

Patricia MacGregor is a Harlem based director, writer, and deviser of new work.



Kevin Berne plays Omoze Idehenre in *A Winter’s Tale*.

Her directorial work in the 2012 Cal Shakes production of *Spunk* won acclaim by Bay Area critics and audiences alike. Her Broadway work includes serving as Associate Director of *Fela!* on Broadway, as Patti [SEE SHAKES page 27]

Integrity ♦ Knowledge ♦ Results

Specializing in the Sale of
Fine Homes and Property

View MLS Listings online at
LamorindaValues.com

Frank Woodward
Realtor®, Previews Property Specialist
T. 925.788.4963
E. Frank@FrankWoodward.com

COLDWELL BANKER
RESIDENTIAL BROKERAGE

Brian Clark, Psy.D.
licensed clinical psychologist
PSY 25198

ADOLESCENTS · ADULTS · FAMILIES

specializing in:
Achievement Pressure
AD/HD
Parenting Support
Anxiety
School Stress
Depression

954 Risa Road · Lafayette
(925) 385-8050
www.brianclarkpsy.com

The Orinda Arts Council presents

Lamorinda Idol Finals

formerly Orinda Idol

Orinda Theatre
Sunday,
September 8, 2013
11:00 am - 7:30 pm

from previous Orinda Idol Finals:

Schedule By Category:

- 11:00 am Elementary K-2 and 3-5
- 1:00 pm Groups K-5 and 6-8
- 3:15 pm Middle School
- 5:00 pm High School
- 7:00 pm Announcement of Winners

For a list of Finalists visit www.OrindaArtsCouncil.org

See More of the 2013 Winners & Finalists This Fall!

- Aug. 24 Orinda Theatre Square Performance
- Sept. 21 Orinda Classic Car Show
- Sept. 24 Orinda Restaurant Tour

Thanks to our 2013 Sponsors:

HEALTH AND BEAUTY

Everyday Changes Stress and Distress

By Bonnie Waters



What No One Told You about a Major Challenge!

It may not be news to you, however, it bears repeating... stress is at an all time high. The reasons for the heightened levels of stress are plentiful:

- The threats of war and terrorism;
- Failing economy / unemployment;
- Challenges in the workplace;
- Personal challenges with relationships, finances, parenting and aging parents.

Stress Can Be Dangerous to Your Health

You may not know the dangers of stress. A 10-year study showed that those who were unable to effectively manage their stress had a 40 percent higher death rate than those who were able to effectively manage stress.

The effects of stress include but are not limited to: toxic effect on heart and nervous system; anxiety, depression, poor judgment; and chronic illness.

Stress Is Not Always Toxic

Some stress can be good stress. Consider this: One of the most pleasurable human activities produces intense physical stress; It increases heart rate and blood pressure, our skin flushes, our pupils dilate and our breathing becomes rapid; and none of us would be here without this type of stress.

Our Perception is the Major Cause of Toxic Stress

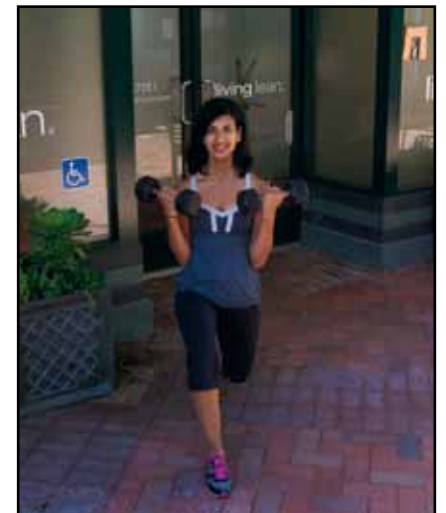
It occurs when perceptions of events don't meet our expectation, and we don't manage our reactions to the disappointment. In other words, stress is the mental, physical and emotional result of our reaction to our perception of events or circumstances.

Understanding the Cycle of Perception

Your perceptions influence how you think and feel. The resulting thoughts and emotions cause numerous physical re-

Move of the Month

Lunge with biceps curl!



Two Moves In One

1. Stand holding weights with arms at sides, palms facing forward.
2. Lunge right foot forward. Bend both knees keeping front knee and ankle aligned.

3. As you lunge, curl weights toward your shoulders keeping elbows pressed into sides and palms turned out.

4. Return to start and repeat lunge-curl combo with opposite leg.

For more information, contact Sheena with Living Lean personal training and eating for elite fitness, at 925-360-7051 or www.thelivingleanprogram.com.

sponses in the body. These changes can be measured: heart rate; hormone levels; nervous system response; and blood pressure.

Physical stress response gives feedback to the brain and as a result:

Affects the circuitry of the brain; The circuitry reinforces the perception; A feedback loop is created between the brain and the body.

Whether you learn a healthy response or a stressful reaction, you are hard wiring this pattern into your system through repetition.

How Can We Respond Differently?

Answer: Challenge our perception and change our response. Life's little stresses actually take more of a toll than the major stressful events of life. Resentment, anger, frustration, worry, disappointment — all negative emotional states take a toll on our heart, our brain and the rest of our body. Unless we learn to neutralize our reactions to little stresses as they occur, they stack up and drain our health and clarity leading to more compounded stress.

There Is Hope!

Learn to access core heart power, which has been scientifically proven to bring the entire system into increased balance, give new perceptions, and the intelligence needed to transform stress into positive situations.

Techniques for Neutralizing Stress

When feeling stressed, change your physiology. Stop and breathe whole, deep breaths.

Recognize the stressful feeling and take a time out by thinking of "heart warming" thoughts.

Make a sincere effort to shift your attention from your racing mind or disturbed emotions by pretending you are breathing through your heart.

Recall a positive, fun time you have had in life and then ask yourself, "What would be a more efficient response to the situation, one that would minimize stress in the future?"

You have now effectively neutralized the stress and put your emotions in check and access a more effective solution.

Treat Yourself to Stress Reduction Activities

Include stress reducing activities such as walks in nature, yoga, listening to relaxing music or massage as a regular, if not daily part of your life. This will break the repetitive feedback loops that have been created as a stress response. Take care of your body, mind and spirit and reap the benefits for the long-term.

Maureen Wilbur
 Successfully Representing
 Buyers and Sellers for
 13 years
 Offering~
 Strong Negotiation
 Creative Marketing &
 Tremendous Service!

Maureen Wilbur
Previous Property Specialist

Coldwell Banker Orinda
 925-253-6311 Direct
 Email: Maureen@MaureenWilbur.com
 BRE# 01268536

Living Lean by Sheena
 Personal Training and Nutrition Program

Glenda Cohn's Success Story

I've never felt better in my life, thanks to Sheena and the Living Lean program!

Sheena is a certified Nutritionist and has taught me about proper eating; balancing high fiber carbs and lean protein, with strength training and cardio workouts.

In just 7 weeks I have lost 10 pounds of fat and numerous inches, found a more positive outlook for life, and have become the example I want to be for my family!

Now, my husband and two of my teenage children are on the Living Lean program and are quickly achieving results!

Living Lean Trainers

925.360.7051
www.livingleanprogram.com

Tom Romaneck Painting
 Meticulous preparation & finish work
 Excellent References • Owner Operated
 Free Estimates
Up to \$1000.00 Off on a \$10,000 job.
925-323-9908
TRomaneck@yahoo.com
 Lic. #922081

POLICE BLOTTER / EDUCATION



POLICE BLOTTER

July 2013

False Residential Alarms: Officers responded to 158 false alarm calls throughout the city.

Burglary – Auto: 5 incidents on Camino Sobrante, Bryant Way, Orinda Way, Camino Pablo and Martha Rd.

Burglary – Residential: 8 incidents on Muth Dr., Sleepy Hollow Ln., El Toyonal, Van Tassel Ln., La Campana, Ellen Ct., Kite Hill Rd. and Francisco Ct.

Driving Under the Influence – MISD < .08: 3 incidents on Hwy. 24 on EB/Wilder Rd., Martha Rd. and Brookside Rd./Moraga Way.

Petty Theft – From Vehicle: 1 incident on Via Floreado.

Stolen Vehicle: 1 incident on Orinda Way.

Arrests

Court Order - Domestic Violence: 1

incident, location confidential.

Domestic Violence - Injury of Spouse: 1 incident, location confidential.

Driving Under the Influence – MISD < .08: 1 incident on Chelton Ct./ Whitehall Dr.

Drugs - Possession of Paraphernalia: 1 incident on Camino Sobrante.

False ID to Police: 1 incident on Camino Pablo.

Other - Misdemeanor: 1 incident on Miner Rd.

Warrant Arrest: 1 incident on Irwin Way/Orinda Way.

Orinda BART Station

No statistics available at this time.

– Compiled by Jeanette Irving
Orinda Police Department

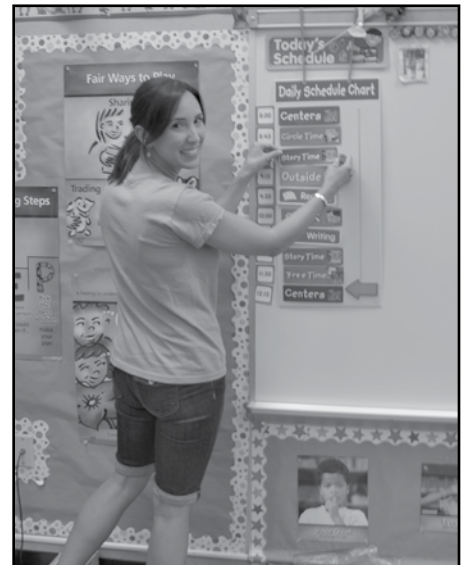
Transitional Kindergarten Expanded at Wagner Ranch

By BILL O'BRIAN
Staff Writer

Wagner Ranch Elementary School begins the school year with an expanded program for kindergartners. Principal Janis Arnerich says the program called TK for Transitional Kindergarten began last year as a California state innovation.

The purpose of TK is to more effectively deal with youngsters whose fifth birthdays have not happened prior to October 1 of the school year. Last year, Wagner Ranch started the program with seven students, but this year the school has one full class of 20 students. Since kindergartners begin at age five, those whose fifth birthdays have not happened at the start of school are not as ready for the regular kindergarten and need more time to reach the reading and writing goals of kindergarten.

The state has developed a special curriculum for the TK classes. Those children in TK will be in a regular kindergarten for their second year in school. This process allows the young students the time and



SALLY HOGARTY

Sylvie Murillo, a transitional kindergarten teacher at Wagner Ranch Elementary, prepares her classroom for the start of school.

school experience to more fully match their developmental levels with the learning requirements of kindergarten.

New Teachers at Miramonte High School This Fall

By BILL O'BRIAN
Staff Writer

Miramonte High School Principal Adam Clark is excited about newly hired teachers and the expansion of the school's iPad program for students for this new 2013-14 school year.

The Acalanes District has hired five new teachers in three disciplines at the Orinda high school. The two social studies teachers are Michael Rose and Nader Jazayeri. Rose most recently taught U.S. history and government/economics with Gilroy Unified School District. Jazayeri has taught at the middle school and high school level with the San Francisco Unified School District.

One of two new mathematics teachers is Kathryn Watson. She is a graduate of UC Berkeley and St. Mary's College. The second math teacher is Savannah Heupel, and her recent teaching experience was with the Sonoma Valley Unified School District teaching geometry and algebra II.

Meredith Hawkins rounds out the new hires teaching choral music having most recently taught at the Rocklin Unified School District. Clark says, "We have a growing and successful choir program here, and she will be a great addition to our visual and performing arts experience."

Clark gets animated when explaining the school's growing use of iPads for students and happily grabs his to show the many benefits of the device as a teaching tool. The program began last year with one-third of the 9th grade class receiving an iPad for school and personal use for the entire year. The school signed out the devices to the students like library books. The school will continue issuing the iPads to a third of the incoming freshman class, but will expand the program in a different form to the 11th and 12th grades.

Sixty juniors will have their English III and U.S. History classes blocked which means the two classes will be back to back, and the two teachers will coordinate

[SEE MIRAMONTE page 20]

Additional Police Activity During July/August

- The Investigation Unit recovered a stolen laptop from an Orinda burglary in the City of Antioch. Evidence of drug sales in a home led to a search warrant by the Sheriff's Office Narcotics Team in conjunction with Orinda detectives. Found inside was stolen property including items taken from an Orinda burglary, a stolen gun, methamphetamines for sale, and cash. The subjects also had warrants for DUI and possession of narcotics. The stolen gun was taken from a home in Oakley and additional items were taken from locations in the City of San Ramon. Detectives filed seven misdemeanor cases and two felony cases. They obtained more information from Modesto Police regarding a burglary on Overhill Drive.
- The Investigation Unit interviewed a subject who is currently housed at the Santa Clara County Jail for possible involvement with burglaries in Orinda. The investigation is ongoing.
- The Investigation Unit completed and packaged three felony cases and four misdemeanor cases. The unit documented interviews of two suspects in burglary cases, followed up on an ID theft ring with Nordstrom stores, coordinated a Lamorinda investigations meeting, and completed/closed a recent domestic violence restraining order case.
- The Police Department headed up the investigation of a missing elderly women who was subsequently found to be the victim of a fatal solo car accident.
- The Investigation Unit authored a search warrant for a computer seized from an identity theft ring.
- The Investigation Unit assisted the Lafayette Police Department with surveillance of a suspect in the City of Vallejo.
- The Investigation Unit continued their investigation into recent home burglaries. They met with the Modesto Police Department to view recovered stolen property. The detectives are also reviewing information from pawnshops that could lead them to possible suspect(s).
- A child molestation case is under investigation.
- Patrol Officers have been concentrating their efforts in areas hit by recent burglaries. During the week of August 12, there was only one reported burglary on the 20 block of Rio Vista. No other theft reports were generated.



DINE-IN / TAKE-OUT / CATERING
Bring in this coupon for 15% Off Any Entree!
Sunday - Thursday: 12pm to 8pm; Friday - Saturday: 12pm to 8:30pm

2 Theater Sq. Ste. 142 "Like us" on
Orinda CA 94563 facebook.com/lavapit
(925) 253-1338 "Follow us" on
www.LAVAPIT.com twitter.com/lavapit

Coupon Clippers



Shop Locally
and Save!

Your Business
Should be Here!

**KIRBY CARPET
CLEANING**
10% Off All Services
Call today!
254-2866
See ad in this issue

Get 10% Off Initial Clean.

Total Clean 376-1004
For your home.



**k.b.kolman
landscape design**
925.787.3261
kbkolman@comcast.net
www.kbkolmanlandscape.com

sustainable design . installation
LOCAL REFERENCES
15% off

Editorial . . .

Not Everything is Controversial in Orinda

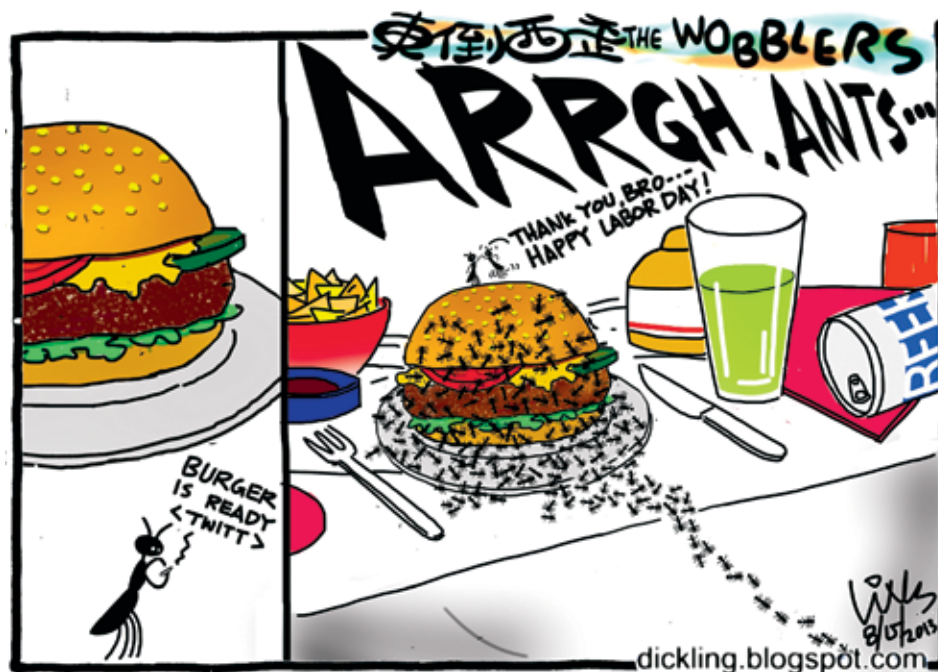
With all the talk in Orinda over plans to revitalize downtown or the more controversial Plan Bay Area proposed by the Association of Bay Area Governments and the Metropolitan Transit Commission, it's always welcome when local residents find something to agree upon. For September, that something would be wonderful weather and lots of local entertainment.

The kids are back in school and, hopefully, a little less bored. California Shakespeare Theatre and the Orinda Village Starlight Players are offering the final selections of their outdoor seasons. And, thanks to the combined efforts of the Orinda Chamber of Commerce, Chip and Carolyn Herman and Orinda Motors, Orinda will have a spectacular mid-September to remember. It begins on September 20 with Dancing with the Cars and concludes on September

24 with the Orinda Restaurant Tour. All events benefit local nonprofits.

Finally, I urge you to be extra careful on weekday mornings and afternoons as young people walk and bike to school. Be especially mindful of school buses. While not as prevalent as in years past, these conveyors of the young carry a hefty fine if you pass them while the red lights are flashing. Did you know that traffic on both sides of the street must stop when encountering the flashing lights or stop sign? The only exception is when there is a median separating the lanes of opposing traffic. Not stopping can mean up to a \$1,000 fine and a six-month suspension of your driving privileges. Speaking from experience, even an empty bus with flashing red lights can cost you a small fortune!

Sally Hogarty, Editor



Letters to the Editor

Low-income Housing in Orinda Harms Kids

ABAG proposes to put very low-income housing in Orinda so that children from poor families can attend schools here. Any sensible parent knows that this plan will do much harm to these kids' self-esteem and will put tremendous pressure on their parents as well. (Being not affluent, I would not put my child in a Greenwich school!)

There are plenty of vacant offices in downtown Oakland near BART. ABAG and our state legislature should facilitate the conversation of these offices into low-income housing and establish a good school by hiring dedicated teachers. This approach makes fiscal and environmental sense.

– Suzanne Yeh

Slum Housing in Orinda

The Association of Bay Area Governments or ABAG is pushing a disastrous program upon Orinda. This program will force Orinda to allow ultra low-cost slum housing in Orinda. This slum housing will be occupied by current residents of the Oakland slums. This program will not be a favor to the slum children, because they will be looked down upon in the Orinda schools. The slum children will bring gangs to Orinda and endanger all Orinda residents. Do we want Oakland's murder rate?

The proposed slum housing and the crime rate of the inhabitants will lower the value of all Orinda property and strongly discourage shopping in downtown Orinda, which will be near the proposed slum housing.

The ABAG proposal claims that one of the values of the slum housing is that it will be near a BART station to minimize driving; however, the location for the slum

housing in Lafayette is near Acalanes High School, miles from the nearest BART station. Can we believe anything ABAG says? Why not put the slum housing in Oakland near a BART station?

In addition to the slum dwellers, criminals released from prison will occupy the proposed Orinda slum housing. Keep in mind that the courts are forcing the removal of 10,000 criminals from State prisons.

Another proposal before the Orinda City Council is to allow Orinda homes to be subdivided into small lots. This will spread the slum dwellers and criminals over all of Orinda.

It is claimed that Orinda will lose \$400,000 in road money if we don't approve slum housing. Let's put that in perspective: If the road taxes pass in 2014 and 2020, they will generate \$50,000,000. Compare that to \$400,000 and you see how insignificant it is.

On an issue like slum housing, there must be a vote by the citizens of Orinda. Demand that the City Council approve this vote.

If you wish to protect Orinda's character as a large-lot, crime-free city, either e-mail or regular mail your demand to the City Council members.

For e-mail use: citycouncil@ci.orinda.ca.us.

For regular mail use: City Council members, City of Orinda, 22 Orinda Way, Orinda, CA 94563.

– Clyde Vaughn

Citywide, Low-Income Housing May Come To Orinda

Top Orinda officials have released a report outlining plans for placing low-income people in all parts of Orinda.

The Orinda report has implications for all

List of *The Orinda News* Advertisers

	Page		Page
Arts & Entertainment		Orinda Association	7
aMFa Gallery	28	Orinda Chamber of Commerce	14
Lamorinda Idol	3	Orinda Classic Car Show	11
Orinda Starlight Village Players	21	Pet Service	
Automotive		Animal House Pet Sitting	13
Orinda Motors	9	Theatre View Veterinary Clinic	13
Orinda Shell	14	Professional Services	
Beauty and Fitness		Cruise Adventures Unlimited	26
CoreKinetics	16	Orr Design Office	2
Full Life Fitness	7	Real Estate	
In Forma Integral Fitness	8	Better Homes & Gardens	
Living Lean Exercise & Eating Program	4	Lisa Shaffer	21
Churches		Coldwell Banker	
Anglican Church	17	Laura Abrams	13
Lafayette Orinda Presbyterian Church	12	Elana Hood	16
Cleaning Services		David Pierce	25
Kirby Carpet Cleaning	5, 22	Maureen Wilbur	4
Total Clean	5, 20	Frank Woodward	3
Construction and Trades		Empire Realty	
Cabrillo Plumbing, Heat and A/C	1	Vicki Nakamura	26
David Collins Painting	14	Pacific Union	
Ironwood Engineering	22	Virginia and Paul Ratto	20
Tom Romaneck Painting	4	Leila Schlein	10
Dental		Village Associates	
Dr. Mary Smith DDS	18	April Matthews	7
Educational/Camp		Ann Sharf	20
Lamorinda Tutoring	18	Clark Thompson	8
Oakland Strokes	18	Restaurants/Catering	
Orinda Mandarin Chinese Program	25	Baan Thai	19
St. Mark's Nursery School	12	Casa Orinda	19
Salsa with Tomaj	27	La Mediterranee	19
Financial and Insurance Services		Lava Pit	5
Breedlove Insurance Services	2	Loard's Ice Cream and Candy	7
Land Home Financial Services	18	Siam Orchid	19
RPM Mortgage	22	Szechwan Restaurant	8
Wells Fargo Advisors	15	Village Inn Cafe	15
Garden/Landscaping		Village Pizza	16
Blue Ridge Landscaping	25	Zamboni's Pizza	3
Garden Lights	15	Retail Stores	
KB Kolman Landscape Design	5	Farmers' Market	25
McDonnell Nursery	20	Morrison's Jewelers	17
Tree Sculpture	21	Orinda Books	8
Medical		Orinda Florist	16
Dr. Brian Clark	3	Theatre Square	17
Dr. Kristin Walker	12	Senior Services	
Medicine Shoppe	20	Care Indeed	27
Nonprofit Organizations		Excellent Care at Home	2
EFO	10		

cities and counties in California. According to the report, California law "requires every county in the state" to have a plan to house low-income individuals.

The report does not limit low-income housing to Orinda's downtown area.

The report states that so-called "second

units" (like guest homes) could be utilized for low-income housing in Orinda.

The Orinda report is dated June 18, 2013 and was released as a "City Council Staff Report." Signing the report were Janet Keeter, Orinda's City Manager, and

[SEE LETTERS page 8]

The Orinda News prints 9,000 copies and is published 12 times a year by The Orinda Association. The office is located at 26 Orinda Way (lower level of the Library). All rights reserved. The publication is sent out by direct mail (Permit #4, Orinda Post Office) and distributed to key locations throughout the city.

Editor..... Sally Hogarty
 Assistant Editor..... David Dierks
 Advertising Representatives..... Jill Gelster, Elana O'Loskey
 Editorial Committee..... Mark Roberts, Jill Gelster, Sally Hogarty, Jim Luini, Elana O'Loskey, Kate Wiley
 Staff Writers..... Jennifer Conroy, Bobbie Dodson, Valerie Hotz, Jeanette Irving, Charlie Jarrett, Barbara Kobsar, Kathryn G. McCarty, Bill O'Brian, Elana O'Loskey, Mark Roberts, Maggie Sharpe, John Vanek, Bonnie Waters
 Graphics..... Aspen Consulting: Jill Gelster & David Dierks
 Printing..... Folger Graphics

The Orinda News

A Publication of
 The Orinda Association
 Mailing Address
 P.O. Box 97
 Orinda, California 94563
 Telephone: 925 254-0800
 Fax: 925 254-8312

www.orindanews.org



The OA is a 501(c)(3) not-for-profit organization.

Opinions of *The Orinda News* are expressed on the editorial page. Views of writers and letters to the editor are their own and do not necessarily reflect the views of The Orinda Association or of *The Orinda News*. Advertisements appearing in *The Orinda News* are not to be construed as endorsements by The Orinda Association or *The Orinda News*. Letters to the Editor are printed on a space-available basis and should be no longer than 400 words. They must include the writer's first and last name, signature and telephone number.

Send letters to: Editor, *The Orinda News*, P.O. Box 97, Orinda, CA 94563, fax them to 254-8312, or email to news@orindaassociation.org. Letters to the Editor for the October issue are due September 5, 2013.

For display advertising rates, call Jill Gelster at 925-528-9225 or email to jill@aspenconsult.net. The deadline for the November issue is October 1, 2013.

ORINDA ASSOCIATION

A Message From the OA President
Traffic Laws Are For ALL Of Us



Guest Columnist Mark Roberts

You're driving on Moraga Way, trolling for a parking space so you can stop at Peet's (or Starbucks – I don't play favorites) for your favorite caffeine fix. Suddenly, you see a car backing out of a diagonal space on the other side of the street. You whip a quick left turn and snag the space before a car coming the other way can get to it.

Congratulations! You've just broken a law that is contained in a section of the California Vehicle Code and are subject to being cited for a violation of said section of the CVC, primarily because you crossed a solid double yellow line to get to that spot. Not feeling quite so clever now, are you?

More important to me, both as vice chair of Orinda's Traffic Safety Advisory Committee (TSAC) and your fellow Orinda resident, you have possibly endangered other drivers, bicyclists, pedestrians and even yourself and passengers in your vehicle.

"Wait!" you say. "I didn't do anything wrong. I didn't hurt anybody." Well, yes, you did, and, fortunately, no, you didn't – this time.

I've lived in Orinda for 20 years now, and I've been as frustrated as you have when trying to find a parking spot close to my destination. But I've seen too many risky

and downright illegal maneuvers – and too many close calls – to remain silent about this issue any longer.

From the current and past police chiefs, I've learned that denial and outrage often follow any attempt by the members of the Orinda Police Department to enforce traffic laws – frequently parking-related – in our city's business districts. Violators sometimes claim they're being singled out and harassed. I really doubt that's the case. I haven't heard of a single incident when members of the OPD have behaved in a manner anything less than professional and polite when issuing a citation and – oh, yeah – doing their job.

Each of us must realize that traffic laws weren't created to harass or inconvenience individuals. They were created to promote the safety of the general public – ALL OF US, whether we're behind the wheel of a vehicle, on a bicycle or on foot.

Orinda's TSAC was created by, and is an advisory body to, the City Council to address the concerns of residents about traffic conditions in their neighborhoods that affect motor vehicles, bicyclists and pedestrians. Committee members work with groups of neighbors and the city's public works and police departments to create solutions to problems and increase

safety for all neighbors. Yes, these "traffic calming" solutions may require some drivers to slow down or not make a left or u-turn and others to park a little farther away. But these are small inconveniences when the changes, for example, eliminate dangerous blind spots on a curve or enable a student to cross a street more safely on his or her way to school.

The TSAC generally meets monthly on the third Monday at 7 p.m. in the Sarge Littlehale Community Room on the upper level of the city hall building. You are most

welcome to observe or to bring a matter to the committee's attention. For more info about TSAC, visit the city's home page, www.cityoforinda.org, click on the "City Commissions and Committees" tab and scroll down to TSAC.

In the meantime, please think before making that illegal turn into a parking spot. The small amount of time you save could put your safety and that of others at risk – and make you subject to a pricey moving violation citation. Let's ALL obey traffic laws and be safe together!

IT'S APRIL IN LAMORINDA

FOR REAL ESTATE

APRIL MATTHEWS

CONSISTENTLY REPRESENTING BUYERS AND SELLERS IN SUCCESSFUL TRANSACTIONS

dreamhomelamorinda.com

www.villageassociates.com

925.253.2147

aprilmat@comcast.net



Loard's Ice Cream and Candy
Your Hometown Ice Cream and Candy Store
They will all scream for ice cream at your party catered by Loard's!



230 Brookwood Road
Orinda
254-3434

1480 H Moraga Road
Moraga
(925) 388-0695

The Orinda Association

The Orinda Association is a not-for-profit corporation dedicated to:

- Maintaining and improving the quality of life in Orinda;
- Promoting awareness and discussion of issues that are important to the community;
- Encouraging and recognizing volunteer efforts to enhance the beauty, character, and security of Orinda.

P.O. Box 97
26 Orinda Way (Lower Level Library)
Orinda, California 94563
Phone: 254-0800 Fax: 254-8312
www.orindaassociation.org



THE Orinda ASSOCIATION

- | | |
|--------------------------|--------------------|
| OFFICERS | BOARD MEMBERS |
| President Bill Waterman | Joe Haughin |
| Treasurer Stephen Stahle | Chris Laszcz-Davis |
| Secretary Alison Dew | Cindy Powell |
| Membership Jim Luini | Isela Barels |

Full Life Fitness



Personal Trainer: Carol Abernathy
Contact Info: 925-253-7753
Email: missabby7@comcast.net

Certifications: American Council on Exercise
National Academy of Sports Medicine

Full Life Fitness is a one-on-one training studio specializing in functional training for everyday life.

Programs include assistance with improving muscle strength and endurance, posture, core stability, balance, coordination, rehabilitation of joint replacements, reaction time, flexibility and assistance with physical therapy exercises.

The studio is surrounded by gardens and is a quiet and pleasant setting to work on improving your quality of life.



THE Orinda ASSOCIATION

By supporting the Orinda Classic Car Show you also support the Orinda Association's Seniors Around Town program.

So go take a spin in a classic car!



LOCAL AUTHOR



SZECHWAN RESTAURANT
CHINESE CUISINE

SZECHWAN - MANDARIN
LUNCH / DINNER / ORDERS TO GO

10% DISCOUNT ON
TAKE-OUT ORDERS
(Lunch Special Excluded)

Quality Food and Service
Serving Orinda Since 1980

Tues.-Thurs. 11:30 a.m. - 9:30 p.m.
Fri.-Sat. 11:30 a.m. - 10:00 p.m.
Sun. 4:00 - 9:30 p.m.
Closed Mondays

Tel 925 254-2020 • Fax 925 254-4098
79 Orinda Way • Orinda

Dream of Time Penned by Miramonte Grad

By ELANA O'LOSKEY
Staff Writer

Nancy J. Price (Miramonte class of 1987) grew up in Orinda and lived in the Bay Area and England before moving to Arizona for her job. Price is a former magazine editor as well as co-founder of the largest online lifestyle destination for women, the top-50 web property SheKnows.com (based on comSCORE Media Metrox Top 50 properties (U.S.) May 2013). She was the executive editor for more than a decade and has written thousands of articles. She also helped launch five national newsstand magazines including *Pregnancy* and *Cooking Smart*.

Dream of Time (DOT) is her debut novel and is intended to be the first in a series. DOT combines elements of science fiction, historical fiction, romance, mystery

and chick-lit. Price looked at hundreds and hundreds of photographs from The Library of Congress and the Bancroft Library and read a couple of thousand newspaper stories to get a feel for the era – 1900. “I’ve been fascinated with the concept of time travel since I was young, third and fourth grade,” she explains. “I remember reading my *Little House on the Prairie* books and thinking, ‘How can I bring little Laura here so I can meet her?’ “I built the book brick by brick, doing extensive research, finding my voice, all the while surrounded by my children. Somehow, I managed to pull it all together.”

In fact, making her main character a single mom was part of Price’s strategy to make it easier for her to relate to her main character.

Price is proud of her four children, Charlotte age 19, McKenna age 17, Kieran age 14 and Quinn, age 12, all of whom were born in the Bay Area. “Quinn has a video on YouTube that’s just about to hit a million viewers (www.youtube.com/watch?v=G7kHSOgauhg), and he’s in the top two photos on the Wikipedia page for autism (<http://en.wikipedia.org/wiki/Autism>). I guess this is what happens when you have a geeky mom,” quips Price.

Here’s an excerpt from the book: “Each night, when Robin drifts off to sleep, she finds herself dreaming about the life of a woman in the Victorian age. She soon realizes it’s not a dream at all, but she is truly slipping into San Francisco’s past. While living two lives — one as a mom in the modern day, the other as a proper young lady at the turn of the century —



CONTRIBUTED PHOTO

Nancy Price's debut novel *Dream of Time* is the first in a series.

she discovers how she’s being sent back to a bygone era is only the first mystery. A much more important question is why she’s there. With the help of a rookie police officer, Robin takes off on a spellbinding adventure, sifting through a century’s worth of clues to untangle the past — and to put love to the test.”

The title is available in paperback and ebook editions, and may be purchased via Amazon.com, BarnesAndNoble.com and other online retailers or go to www.dreamoftime.com.

◆ LETTERS from page 6

Emmanuel Ursu, the city’s Director of Planning.

The report notes that between 2007 and 2014, the Association of Bay Area Governments (ABAG), a regional government body, has assigned Orinda the task of creating 118 units for low-income people. Of these 118 units, 35 are for “extremely low” income individuals; another 35 are for “very low” income people, and 48 units for “low” income persons.

The report goes on to state that Orinda “could accommodate . . . the construction of 530 additional single family dwelling units . . .”

The report states that newly built second units on existing residential Orinda property “would be affordable to very low, low, and moderate income households.” The report adds that [t]here are numerous homes in the city that have existing floor space

with the potential for conversion to a legal second unit.”

The report recommends that “the city explore a program to permit second units on lots where they are not currently allowed today . . .”

The report lists the Orinda city manager’s office and the city’s planning department as the “Responsible Parties” for the following statement: “The city recognizes second units as an essential part of Orinda’s affordable housing supply . . .”

According to the report, “Second units are an important part of the city’s affordable housing supply and are often rented at rates that are affordable to low and very low income households.” The report adds: “To make such a program [low-income housing] viable for the homeowner, there must be an incentive to maintaining below market rents and limiting occupancy to qualifying households.”

—Richard Coleman




925 254-8585

View All Area Listings Online...

CLARK THOMPSON
REAL ESTATE BROKER

www.clarkthompson.com



Fitness Yoga Pilates Personal Training TRX

Fitness Fest

An OPEN HOUSE Fitness Event on

Saturday September 28

FREE Classes all Day
FREE Weekend Passes to try our
NEWLY REMODELED FACILITY

Red Cross Blood Drive

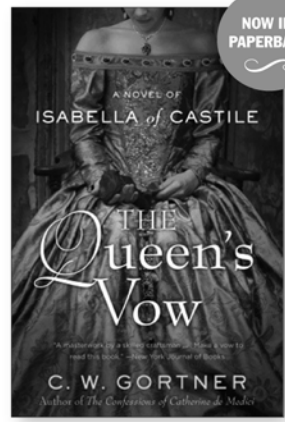
on Monday September 23

Fitness Special

3 Months

Students \$115 Adults \$190 Couples \$280


23a Orinda Way Orinda 254 6877 informaorinda.com



NOW IN PAPERBACK

HISTORY BUFFS ALERT!

AUTHOR EVENT * C.W. Gortner
Saturday * September 21 * 1pm



From the glorious palaces of Segovia to the battlefields of Granada and the intrigue-laden gardens of Seville, *The Queen's Vow* sweeps us into the tumultuous forging of a nation and the complex, fascinating heart of the woman who overcame all odds to become Isabella of Castile. Gortner is a master of fine historical fiction!

THE QUEEN'S VOW
A Novel of Isabelle of Castile
BALLANTINE • \$15

ORINDA BOOKS

276 VILLAGE SQUARE • 925-254-7606

MONDAY-FRIDAY 10-5, SATURDAY 10-4, SUNDAY 11-3 • WWW.ORINDABOOKS.COM

CAR TIME / OCF

CAR TIME

How Long Can You Drive A Car Into the Ground?

By JOHN VANEK



I often hear motorists mention that they don't want to perform any repairs to their current car because they are not going be driving it for much longer. I am often told "don't find anything wrong with my car." These drivers have intentions of getting a new car at some point, but when? That is my question. It is difficult to have both a reliable vehicle and one with numerous unknown problems. I always ask, how soon do you plan on replacing the car? Most of the time there is no immediate plan to replace it. They may have an idea that eventually the family vehicle will be replaced. The comments about replacing the car are mainly a ploy for me not to recommend any additional repairs.

I understand. Spending money on your car is not at the top of the list. However, I will never look the other way when it comes to the safety and reliability of a car. Ignoring problems with your vehicle will not make them go away. It will only give you a vehicle that is not exactly reliable. It is the job of your honest car care provider to report the condition of your car and to advise you of only the items that effect reliability or economy of your car, nothing more. Then you have to make the tough decision, do I invest in my current vehicle to have reliable transportation or do I break down and get something else?

Is it a bad idea to drive around with a vehicle that is in need of repairs? It depends on what it needs. The important thing is to be aware of the condition of your ve-

hicle and to not ignore problems. If you hear an unusual noise, you should have it checked out. If your have a low coolant light that keeps coming on after adding to the overflow bottle, it means that you have leak, and it should be addressed. A minor oil leak is one thing but a worn out ball joint is something else. A check engine light is something else that should not be ignored. The glowing light is trying to tell you there is some kind of malfunction with your vehicle. Is it a minor issue or a major problem? Nobody knows until you have it checked out. In the meantime, it is a silent nuisance that will only make things worse if ignored.

It all starts with having a car care provider that you can trust. You need a shop that will properly check your vehicle and advise you as to the priority of the needed repairs. Some things can wait and others cannot. Sometimes there may be a repair that will test your real time frame for replacing it. It starts with dealing with issues and not ignoring them. Nobody can tell you exactly how long your vehicle will last. All you can do is perform regular maintenance and tend to problems as they arise. Regular check-ups can identify potential reliability issues. Waiting until the last minute only brings unnecessary chaos and stress to the whole situation. Please remember that the condition of your vehicle should be a priority. The owner/operator is the most important part of the auto repair solution.

Everyday Heroes Golf Tournament Raised Over \$10,000



JILL GELSTER

City Councilmember **Sue Severson**, and firemen **Matt Epperson**, **Michael Rattary**, **Mark Deweese** and OCF president **Richard Westin** at this year's tournament.

By DAVID DIERKS
Assistant Editor

The 4th annual Everyday Heroes Golf Tournament was held at the Orinda Country Club on July 22. The tournament attracted 75 golfers and raised over \$10,000 for local charities, which include Town Hall Theatre Co., California Shakespeare Theatre, Food Bank of Contra Costa and Solano and the Orinda Community Foundation (OCF). The OCF, which founded and coordinates the event, uses its portion of the fundraiser to help fund such community events/organizations as Orinda 4th of July Parade, Orinda Idol, Spirit Van for Orinda Seniors, Orinda Art in Public Places and Orinda Action Day to name just a few.

Each year, the tournament honors members of the community who have upheld the values of a hero. The honorees at this year's tournament were Moraga-Orinda firefight-

ers Captain Michael Rattary, Firefighter Paramedic Kelly Morris, and Firefighter Stephen Rogness. The firefighters were injured in the line of duty on December 2, 2012 while responding to a four-car accident on Highway 24 and were struck by an out of control vehicle. Captain Rattary and Firefighter Rogness were on hand to receive their outstanding service awards. Firefighter Paramedic Morris could not attend due to a doctor's appointment.

The tournament gave awards to the first, second, third and most honest four person teams. Coming in first place with a score of 96 were Ralph Severson, Doug Moore, John Hunt and Charlie Allison. Second place was Michael Karp, Lisa Karp, Andy Byrnes and Travis Setterbro. Third place was Daniel Williams, Erik Weiss, Dan Ruby and Nick Larson. Most Honest Team was Rick Kattenburg, Roy Hodgkinson,

[SEE HEROES page 10]

Orinda Motors Inc.

Times May Change...



But our commitment to the Orinda community has not!

One-Stop Convenience - Service You Can Trust!

Visit us on-line at www.orindamotors.com

Orinda Motors - Express Oil Change & Tire Center

63 Orinda Way, Orinda, Ca. (925)254-2012



Orinda Motors Presents The 9th Annual Orinda Classic Car Show
Saturday, September 21st, 10am - 3pm - Vintage Cars & Motorcycles - Fun, Food & Music!

CONTINUATIONS

◆ GALLERY from page 2

Ceramic Studio until it closed in 2005. His work has been in countless shows and is a part of many private and public collections. He is not a production potter and treats each piece as one-of-a-kind. Experimentation helps keep his process fresh, and he enjoys making ceramic wall pieces and sculptural forms; although, he is well known for his Ikebana vessels. "I have great reverence for the unplanned cracks, beauty marks and scars my work may have. They are all physical records of the dance with fire. This process speaks to me of transformation of material and rebirth," he explains. Rosenheim experiences the world visually, so that at a museum or exhibit, for example, he requires solitude to absorb what he is seeing. He enjoys pushing the boundaries of what he knows and finds inspiration from rocks, shapes, and textures encountered in everyday life. Rosenheim hopes people will look at his pieces with a quiet mind, no chatter, and come at it from the right side of their brain as opposed to the intellectual side. To see more of Rosenheim's work, go to www.emanuelrosenheim.com.

Jenny Kolkhorst of Orinda became interested in painting after working with Orinda students in the Art Docent program through the Orinda Arts Council. "I began studying with our local treasure, Marianne

Brown, in 1988 and still attend her classes. I am drawn to experimental techniques and love working with paper and water media; recently I've been painting on Yupo [synthetic paper]."

She is enticed by "the ineffable rather than the representational." Kolkhorst says that artists practice looking at things and rendering them in ways meaningful or even jolting to themselves. She hopes those who view her art will experience an opening that allows them to enter a sort of channel to a nexus of creativity. See more of her work at www.jpkwatercolors.com.

Diane Goldstein of San Francisco was born and raised in Chicago and spent much of her time going to classes at the Art Institute of Chicago and studying dance. At her Yosemite Place studio in the S.F. Bayview district, she notices that many of her abstract paintings connect to her early years as an improvisational dancer because of the rhythmic lines and marks on her paintings. The paintings she is showing are a series of joyful and whimsical strokes of color that are rhythmic and uplifting. "I let the paint be more of a guide than my thoughts and sometimes use staccato strokes to bring vitality and liveliness to the canvas. To give the paintings breathing room, I try to preserve lots of white space," she explains. "When a structure appears, I slow down, start listening and let the paint-



CONTRIBUTED PHOTO
Emanuel Rosenheim's ceramics will grace the display cases during September at the Orinda Library Gallery.

ing tell me what it wants." She has shown throughout the Bay Area, Los Angeles and in San Miguel de Allende, Mexico and has also attended Brown's classes in Moraga. Goldstein hopes viewers will experience joy, amusement, playfulness and curiosity when looking at her paintings. For more of her work, see www.dianegoldstein.com.

Regarding the value of art for the community, Brown says that "Art is everywhere. It's in people's gardens, it's in their homes. We all have our creative side, no matter how it comes out. It is in the process that creativity blossoms whether it ends up in the Orinda Library Gallery or we observe it in our own backyard – we are all enlivened by the experience of creating.

Rosenheim asserts that, "Art sparks imagination; it's one of the vital signs of life showing that the community is alive. The creative force that we show each other – creating a meal, a painting, a quilt – is our vitamins, the thing that keeps our chi alive, keeps everything flowing." Kolkhorst believes that, "Communities like Orinda, which has made a commitment to the arts in so many ways, help create a communal identity that embraces diversity, innovation

Orinda Library Gallery

September 4 - October 1

Meet the artists on
September 8, 3 - 5 p.m.

Featuring paintings by:
Marianne Brown
Diane Goldstein
Jenny Kolkhorst
Emanuel Rosenheim

and free expression."

Goldstein believes that art nurtures the creative spirit of any community and is a catalyst for new ideas and ways of thinking about living and working in community. "I especially believe that children can be inspired by art to express themselves in different voices. Public art gives everyone a chance to experience art outside of the typical venues such as in Orinda where people experience the art on their way in and out of visiting the library."

Visit the gallery during normal library hours – Monday through Thursday, 10 a.m. to 8 p.m.; Friday and Saturday, 10 a.m. to 6 p.m.; and Sunday, 1 p.m. to 5 p.m. Call 254-2814 for more information.

◆ HEROES from page 9

James Berry and Jerry Dommer. In addition, awards were given for the Most Accurate Drive #4, given to Joel Jackson; Closest to the Hole #8, Ted Urban with a hole-in-one; and Longest Drive for Ladies, Cindy Powell and Men, Dan Ruby.

For more information, visit everydayheroes.golfreg.com.

Are you considering buying?
Do you want to know what your home is worth in the current market?
Are you wondering what is happening to home prices in the area?

For current information, give me a call about your real estate needs.




LEILA SCHLEIN

925.899.7927 Leila@LeilaSchlein.com www.LeilaSchlein.com



A Member of Real Living



EFO — Educational Foundation of Orinda —

wishes to thank its Business Partners for generously supporting Orinda schools during the 2012-2013 school year. Return the favor. Do business with a partner!

For more information, please visit: <http://orindaefo.org/donate-today/business-partners-program>

<p>Patrons (\$5,000+) Donna & Doug Johnson* Orinda Rotary Club* Wells Fargo Foundation</p> <p>Patrons (\$2,500-\$4999) Casa Orinda Mechanics Bank Orinda Motors* Patxi's Pizza Republic of Cake Clark Thompson, Village Associates</p> <p>Sponsors (\$500 - \$2,499) Advantage Funding Baan Thai Better Homes Real Estate* BMW of Concord Margaret and Lynn Cannady* Joan Cleveland, Village Associates Coldwell Banker Residential Brokerage* Concord Graphic Arts* Finola Fellner, Coldwell Banker Lisa Geary, Pacific Union Karen Derr Gilbert* Hanson & Fitch* Hudson and Axelrode Orthodontics Shim LaGoy* Living Lean The Maxson Family* Orinda Optometry Group – Dr. Kristine Eng and Dr. Kelly Shintani Orinda True Value Orinda Veterinary Clinic Amy Rose Smith, Village Associates Molly Smith, Village Associates Sports Basement - Walnut Creek Square Moon* Margene and Steve Stahle* Maureen Wilbur, Coldwell Banker</p>	<p>Yogurtland of Pleasant Hill</p> <p>Donors (\$250 - \$499) Chris Anderson, Pacific Union Bonderud Design Inc. Bonfire Pizzeria* Rick Carter, State Farm Insurance Coldwell Banker Real Estate South Orinda Cushman & Wakefield Diageo Chateau & Estate Wine* Drake's Brewing Company* Economy Lumber Company Oakland Regina Englehart, Better Homes & Gardens Mason-McDuffie F'Real! Foods, LLC Linda S. Friedman, Village Associates Susan Hurrell, CPA Kenmar Properties Sheryl R Kortright, D.D.S. Sue Layng, Village Associates Julie Lehman, BHG Mason-McDuffie Highland Partners April Matthews, Village Associates Lynn Goodman-Molloy & Tom Molloy Chad Morrison, Coldwell Banker Orinda Mandarin Chinese Program Orinda Taxi LLC Rein Family* Mary H. Smith, DDS Dan Weil, Village Associates Wente Family Estates*</p> <p>Donors (\$100 - \$249) Cameron L. Aboudara D.D.S., M.S. AMFA* Anahid Designs* Barbacoa* Jeannette Bettencourt, Coldwell Banker Patti Camras, Coldwell Banker Shannon Conner, Village Associates</p>	<p>Kathleen Conroy, State Farm Insurance Valerie Cook-Watkins, Coldwell Banker Tania DeGroot, Better Homes & Gardens Mason-McDuffie Linda Ehrich, Village Associates Entourage Salon & Spa* Europa Hofbrau Joan Evans & Angie Evans Traxinger, Village Associates Zand Gee and Brian Fessenden* Jill Gelster – Aspen Consulting* Geppettos Cafe Soraya Golesorkhi, Coldwell Banker Marianne Greene, Broker Village Associates Holly Henkel, Pacific Union International Irene T. Jewell, C.P.A. La Piazza Lava Pit Hawaiian Grill John Ogro D.D.S. Orinda Books, Ltd.* Orinda Cleaners* Orinda Shoe Service* Silvi and Mati Otsmaa* Hillery Patterson* Pursetigious* Sammann & Schlicher Orthodontics Susan Schlicher, Coldwell Banker Ana Maria Schnier, ASID* Tom Stack, Coldwell Banker Margene & Steve Stahle, Coldwell Banker Table 24* The UPS Store - Orinda* Vision Dynamics Optometric Center Visual Entree Optometry Jerry Wendt, Coldwell Banker Frank Woodward, Coldwell Banker</p> <p style="text-align: right; font-size: small;">* These businesses are being recognized for In-kind donations</p>
--	--	--

ADVERTISEMENT



The 9th Annual Orinda Classic Car Show Weekend

Friday Night Pre-Party,
September 20th, 7pm
"DANCING WITH THE CARS"

Saturday,
September 21st, 10am-3pm
ORINDA CLASSIC CAR SHOW

Sunday,
September 22nd, 5:30pm and 7:45pm
"SPEED ON THE SCREEN"

Enjoy vintage and modern exotic cars and motorcycles, food, music, and more! The show will be held in Orinda Village on Orinda Way and the 16th fairway of Orinda Country Club. Join us as a spectator or to show your car or motorcycle! Register online today!



Enter Your Car and Make Party Reservations Today at www.OrindaCarShow.com

These events benefit the Seniors Around Town transportation program, Educational Foundation of Orinda, and other local charities. We would like to thank our partners for helping make these events happen: Orinda Association, Orinda Rotary, Orinda Historical Society, Orinda Country Club, Orinda Chamber of Commerce, Educational Foundation of Orinda, Orinda Arts Council, and Seniors Around Town.

Event Schedule

Friday, September 20th, 7pm
"DANCING WITH THE CARS" FRIDAY NIGHT PRE-PARTY
The presenting sponsor for this great event is Mechanics Bank.

A Bootlegger's Bash
Come Party in the Plaza! Step back to the Roaring 20's and party under the stars in the plaza at Club 26, Orinda's notorious speakeasy (aka Orinda Library Plaza).

Buy your tickets at:
www.OrindaCarShow.com
Space is limited so don't wait.
NO WALK-INS WILL BE ALLOWED.

For our guests' pleasure, there will be a private showing of exquisite classic cars from the '20s and '30s and ample champagne and bathtub gin to ensure a good time. The evening will feature hosted cocktails, dinner, music and a live auction. Proceeds of this event primarily benefit the Educational Foundation of Orinda.

Saturday **Free Admission**
September 21st, 10am - 3pm

9TH ANNUAL ORINDA CLASSIC CAR SHOW

The presenting sponsor for this great event is Orinda Motors.

- The show will be held in Orinda Village around Orinda Motors and on Orinda Way.
- This year's car show will expand again to include the 16th fairway at Orinda Country Club with food and beverages served on the fairway!!!
- + 200 Classic and modern exotic cars as well as unique motorcycles
- Lamorinda Idol Winners Performance at Noon
- There will be a special exhibit of Lotus race and sports cars as well as cars that were featured in both of the "Gone in 60 Seconds" movies
- Shaded seating for over 100 to enjoy lunch and refreshments from the Car Show BBQ Booth and Orinda County Club Taco Bar
- Lord's Ice Cream and Candy
- Ride in the Parade of Classic Cars at 3pm
- Buy a 2013 Car Show T-Shirt

Proceeds benefit local charities: Seniors Around Town, Educational Foundation of Orinda, Orinda Historical Society, and other local charities

Sunday
September 22nd, 5:30 and 7:45pm
"SPEED ON THE SCREEN" Gone In 60 Seconds....Twice!
Conclude the great weekend with two American movie classics at the classic art deco Orinda Theatre! Imagine a special screening of both of the "Gone in 60 Seconds" films! Two of the greatest car theft and chase films in history right at the Orinda Theater. Admission \$10 each showing, beer and wine included.

See a Special Exhibit of cars featured in the classic "Gone in Sixty Seconds" movies.



"DANCING WITH THE CARS" PARTY SPONSORS



Presenting Sponsor:



Supporting Sponsors:

Aetna, Clark Thompson-Village Associates, EPIC Insurance, Living Lean, Merrill Lynch Wealth Management, Morrision's Jewelers, Muir Healthcare, Recuerdo Wines,

Special thanks to the Rotary Club of Orinda for producing this party!

ORINDA CLASSIC CAR SHOW SPONSORS



Presenting Sponsor:



Supporting Sponsors: Aetna, Bay Cities Paving and Grading, Berry Bros. Towing, Business Breakthroughs, Clark Thompson-Village Associates, EPIC Insurance, Fed Ex Office, First American Title, F'Real Foods, Lamorinda Weekly, Mechanic's Bank, Merrill Lynch, Mobile Master Detail, Muir Healthcare, The Orinda News, Pacific Business Centers, Park Place Advisors, Pulte Homes, Recuerdo Wines, Safeway

"SPEED ON THE SCREEN" MOVIE SPONSORS



Breedlove

Insurance Services
Life, Health, Long Term Care

Pre Purchase Your Tickets at Flying A Gasoline

CLASSIC CAR SHOW

9th Annual Orinda Classic Car Show Roars Into Orinda

By DAVID DIERKS
Assistant Editor

Classic and historic vehicles will fill Orinda's streets on September 21 as the Orinda Classic Car Show's 9th anniversary gets underway. Presented by Orinda Motors, over 200 American and European classic and exotic vehicles will be displayed. Vehicles will range from the 1920s through the classics of the '50s and '60s and will also include modern exotic vehicles. There will be a special exhibit of cars featured in the classic *Gone in 60 Seconds* movies.

Chip Herman, the event founder, said, "This year's show will again display classics 'on the green' thanks to the Orinda Country Club's (OCC) support opening its beautiful 16th golf fairway for displays." The car show is part of the Orinda Chamber of Commerce 'Celebrate September in Orinda' event series, including the pre-show party, *Dancing With The Cars*, on

September 20, *Speed on the Screen* movie night at the Orinda Theatre on Sunday, September 22, and The Orinda Restaurant Tour on Tuesday, September 24.

Car show events begin at 7 p.m. Friday night, September 20, with the ticketed event *Dancing with the Cars: A Bootlegger's Bash*. Orinda Library Plaza will be transformed into a Roaring '20's speakeasy, Club 26 Orinda, for the night, complete with hosted cocktails, dinner, music and a live auction.

The next day, the Classic Car Show will be free to view from 10 a.m. to 3 p.m. Cars are exhibited on Avenida de Orinda, Orinda Way, and Orinda Motors suspends business for the day to provide space for vehicle displays.

Owners will be on hand to answer questions about their vehicles and to explain what it takes to keep a classic in tip-top shape. The Orinda Country Club will have shaded seating for over 100 to enjoy lunch and refreshments from the Car Show BBQ



DAVID DIERKS

Parking for the Orinda Classic Car Show is offered at Orinda Community Church, Vintage Court Office Center and Pine Grove Business Center. Please do not park at Safeway.

booth as well as great Orinda Country Club lunch offerings. "Food and beverages served on the edge of the OCC 16th fairway with great cars all around. It doesn't get better than that," said Herman.

A wonderful attraction of the car show is the ability to ride in a car during the parade at the end of the show. "We're the only show that gives rides," said Doug Johnson, who has exhibited every year of the car show. Ride tickets are \$10, and all proceeds go to Seniors Around Town (SAT), an Orinda Association sponsored program which offers alternative transportation to Orinda seniors who cannot drive themselves. Over the last eight years, the car show has raised over \$200,000 for local charities, including SAT, Educational Foundation of Orinda, Orinda Historical Society and Museum, and others.

On Sunday, September 22, the Orinda Theatre will host a special *Speed on the*

Screen movie night showing both the 1974 and 2000 versions of *Gone in 60 Seconds* at 5:30 and 7:45 p.m. Tickets are \$10 per showing and proceeds benefit the Lamorinda Theatres Foundation. There will be special introductions before each film. "Adult beverages will be served during the movie as a part of your ticket price," said Herman. Tickets are available the day of the event or can be purchased in advance at Flying A Gasoline, 22 Bryant Way, Orinda.

The car show is located at Orinda Motors, 63 Orinda Way. For more information, visit www.orindacarshow.com. Entries for the car show are still being accepted. The car fee is \$60 and motorcycles are \$35. Entry fees are tax-deductible and proceeds from vehicle registration benefit the Seniors Around Town program. "Mark your calendars to attend and make sure you have your car entered early," advised Herman.

ST. MARK'S NURSERY SCHOOL
est. 1962

Loving, experienced teachers in a traditional preschool setting.

NOW ENROLLING FOR THE 2013-2014 SCHOOL YEAR

451 Moraga Way, Orinda, CA 94563. Phone: 925.254.1364. www.stmarksnurseryschool.org
License #070200759

Kristin Walker M.D., Inc.
General & Cosmetic Dermatologist
89 Davis Road, Suite #180
Orinda
(925) 254-1080

Dr. Walker, board certified dermatologist, offers care in general adult and pediatric dermatology, laser surgery, skin cancer surgery, and cosmetic dermatology. Her friendly and supportive staff can assist you with diminishing the effects of nature to reveal the real you underneath. Dr. Walker and her caring staff can help return the glow to your skin with the most advanced skin care lasers and technologies. Dr. Walker is proud to announce the addition of a Nutritionist and Aesthetician to her practice.

NEW ADDITIONS TO THE OFFICE:
IPL-Photo Genesis Rejuvenation Treatment for Rosacea, Sun Damage, Fine Lines
Laser Hair Removal
Microdermabrasion
Waxing

COSMETIC PROCEDURES AVAILABLE:
Botox Cosmetic Restylane Sclerotherapy
Collagen Peels

AVAILABLE SKIN RESTORATION SYSTEMS:
Procyte Jan Marini
MD Forte Glyquin

◆ **DANCING** from page 1

Seniors Around Town program, Orinda Arts Council, Orinda Historical Society and Museum, Orinda Rotary and more. "The Orinda Classic Car show weekend has arguably become Orinda's largest community-wide fundraiser and is a great opportunity to mix and mingle, get to know fellow citizens and see first-hand why Orinda is one of the Friendliest Towns in the USA," said Bontemps.

In addition to being the presenting sponsor of the car show, Orinda Motors is the honorary host of the *Dancing with the Cars* event. The car show weekend starts Friday, September 20, with the ticketed event *Dancing with the Cars: A Bootleg-*

ger's Bash, at Club 26 (Orinda Library Plaza at 26 Orinda Way). On Saturday, the free car show runs from 10 a.m. to 3 p.m. Over 200 cars will take over Orinda Motors, the streets of Orinda Village and spill onto the Orinda Country Club's 16th Fairway. The show weekend concludes on Sunday, September 22, with *Speed on the Screen*, a special screening of *Gone in 60 Seconds*, showing both the 1974 and 2000 versions at the Orinda Theatre (tickets are available in advance at Flying A Gasoline, 22 Bryant Way, in Orinda).

For more information and to purchase party tickets or to enter your car in the car show, visit www.orindacarshow.com.

lamorinda
familycenter
presents

Fostering Self-Resilience
in Children & Teens

Sunday, Sept. 22
6:00 p.m. \$10
Free childcare available with R.S.V.P.

Ken Ginsburg, M.D.
Nationally-Known Speaker

Register TODAY at LOPC.org
49 Knox Drive, Lafayette CA 94523 925-283-8722 x250

PETS / OPERA

Something to Howl About...
Animal Tales

"Hey, There's a Strange Dog in the Backyard"

Jennifer Conroy



That might not be a strange dog in your backyard. It might just be a coyote. As we humans encroach more and more into the territory of native animals, chances for encounters increase. And, yes, coyotes are natives, unlike many of us! They are indigenous to North and Central America, cousins to the wolf, although current theory is that the two species evolved separately.

Unlike the wolf that may live in a pack of a dozen or so members, coyotes live in smaller family units of three to four. Coyotes are also much smaller than wolves, weighing between 30 to 45 pounds, while wolves can weigh twice that. But like the wolf, the coyote mates for life and shares many attributes such as a keen sense of smell and high intelligence. It is also carnivorous and, sadly, that diet may include the wandering cat or small dog.



CONTRIBUTED PHOTO

A coyote on the prowl for dinner.

More and more of our suburban neighborhoods throughout the Bay Area are reporting coyote sightings. The natural diet of the coyote consists of rodents, birds, lizards and fruit. A normally nocturnal animal, the coyote is typically intimidated by humans, but the lure of pet food left on patios, garbage in unsecure containers, and even composting heaps can cause a hungry coyote to cross into our territory.

The best coyote preventive is to simply not leave food of any type lying around outdoors. That means feeding your pets inside, using secure garbage containers,

picking up fruit that has fallen from trees, using composters that are tightly sealed, and, oh yes, not allowing your cats or dogs to wander, especially at night. In fact, even if your neighborhood is coyote free, it is a good idea to keep pets from wandering at any time.

Nature is not always kind or discriminating when it comes to watching out for your pets. Neither are the vehicles criss-crossing your streets. Chances are greater that your cat could be injured by a motor vehicle than by a coyote but why take any chance at all.

A personal sadness for me is the difference between the coyote in the true wild as compared to the coyote occasionally spotted in our suburban areas. Having observed coyotes in the Sierras as well as coyotes at my own neighboring creek, I am struck by how shrunken and somber our suburban coyotes are. The coyote in the wild is magnificent – alert, curious but aloof, full coated, and proud. Even accounting for shedding, the coats of local coyotes seem to lack the sheen of their wilder brothers and sisters. What in the wild appears as curiosity seems skittish in local dwelling coyotes; stealth seems furtive, as if they know they really do not belong.

Should you see or encounter a coyote, do not think you can befriend it as you would a dog. Fortunately, coyotes are generally afraid of humans and if you happen upon one, it will most likely turn and run. If it does not leave, make loud noises; if you have a hose handy, you can try spraying water at it. Call your local animal shelter, especially if you find an injured animal.

Keeping our domestic animals safe is our responsibility and part of that means recognizing what might attract wild animals to our yards. Practicing prevention and vigilance will go far to protect your pets from coyotes or any other dangers.

Large Audience Enjoys Free Opera in the Park

By BOBBIE DODSON
Staff Writer

An audience of over 1,000 enjoyed the fifth annual Open Opera Concert in the Orinda Community Center Park on a weather-perfect Sunday afternoon in July. As promised in the title of the event, "Summer Sizzle," the program consisted of songs of love and intrigue, with the performers acting out the parts as they sang. Dr. Julia Hunt Nielsen's explanation of the operatic setting of the arias added to the pleasure of hearing them. On the lighter side, contemporary songs from *Porgy and Bess*, *South Pacific* and *The Sound of Music* were included.

Applause was enthusiastic in commending the Orinda Rotary for again sponsoring Open Opera. Dick Marchick headed up the effort and explained the club's aim is that of Open Opera: to bring free professional opera to Bay Area parks, using public spaces to build community through the arts. "When people take advantage of the free concert, they become familiar with the music, and we hope this leads them to attend performances of other opera companies in the area," he says.

It was Ann Sorenson's first time to attend the Open Opera Concert, and she was delighted to hear singers of such high caliber. Music lovers Carole and Andy Amstutz say they always attend and wouldn't miss the



LUCY BECK
Mezzo soprano **Elizabeth Baker** and pianist **James Meredith** entertained the large crowd at this year's Open Opera concert in the park.

opportunity to be treated to an afternoon of such beautiful music right here in their own community.

Orindan Lisa van der Ploeg was a bewitching Carmen when she sang the "Habanera" from Bizet's opera, and she closed the program with a powerful rendition of Rodgers and Hammerstein's "Climb Every Mountain." Other singers included Elizabeth Baker, who co-founded Open Opera with Ellen St. Thomas, Alexander Boyer, Coco Harris, Bradley Kynard, Angela Moser, Jason Sarten, and David Zelenka.

"If you missed this Open Opera concert sponsored by Orinda Rotary, we plan to be back in 2014 on July 27," Marchick says. "Circle the date now."

Open Opera
July 27, 2014



animal house
PET & HOME CARE

**Summer fun taking you away?
Need help with your pets while
you are away**

Let me take the worry out of what to do with your home and pets while you are away.

- Pet Sitting
- Dog Walking
- Pet Taxi
- Home Watch/Security
- Collect Mail and Newspapers
- Water Plants
- Insured and Bonded

925-254-3677 Office
925-368-8978 Cell
animal-house@comcast.net



Theater View Veterinary Clinic is a brand new facility owned by "Dr. Laurie" Langford who has been caring for animals in Orinda for 15 years.



P: (925) 317-3187
F: (925) 334-7017
E: tvvc@theaterviewvetclinic.com
W: www.theaterviewvetclinic.com

1 Bates Blvd., Suite 200
Orinda
CA 94563



Laura Abrams
laura@laurabrams.com
www.laurabrams.com
510-697-3225
BRE#01272392

COLDWELL BANKER **PREVIEWS**

Coldwell Banker, Orinda
Top 100 Coldwell Banker Bay Area 2013

Listings By Laura - Exquisite Presentation

SOLD



Sleepy Hollow Estate
40 Tappan Lane, Orinda
• Amazing Panoramic Views
• Exceptional Solar Location
• 6 bedrooms/5 bathrooms
• Level Knoll with Flat Areas for Play and Entertaining

SOLD



Charming Authentic Cape Cod
67 El Toyonal, Orinda

SOLD



Sophisticated Contemporary
2 Charles Hill Ln, Orinda

SOLD



Entertainers Delight
83 Acacia Dr, Orinda

SOLD



Craftsmen Styled Residence
21 Camino Del Diablo

SOLD



Coveted Creekside Home
11 Overhill Ct, Orinda

SOLD



County Club Traditional
424 Camino Sobrante, Orinda

SOLD



Cozy Orinda Cottage
5 Cresta Blanca, Orinda

SOLD



Truly Amazing Property
43 Dos Osos, Orinda

SOLD



Orinda at it's Best
16 Evergreen Dr, Orinda

©2013 Coldwell Banker Real Estate LLC. All Rights Reserved. Coldwell Banker® is a registered trademark licensed to Coldwell Banker Real Estate LLC. An Equal Opportunity Company. Equal Housing Opportunity. Each Coldwell Banker Residential Brokerage Office is Owned by a Subsidiary of NRT LLC. DRE License #01108304

Kids Are Driven to Create at Tech Camps

By ELANA O'LOSKEY
Staff Writer

The 15th season of Internal Drive (iD) Tech Camps® was held at St. Mary's College this summer when students aged 7 to 17 powered up their computers to learn how to create apps for the iPad, iPhone, and/or Android. They also learned how to create video games with Minecraft and other popular titles, such as C++ and/or Java programs.

The curriculum is hands-on and project based, focusing on STEM (science, technology, engineering and math) components. Tech Camps are held at over 60 prestigious universities in 26 states including UC Berkeley, Stanford, Santa Clara, UCLA, and Princeton. Students use industry products like Photoshop®, Final Cut Pro®, Audodesk®, Maya®, Microsoft®, XNA®, etc. The week long camps have a guaranteed

8:1 student to staff ratio with instructors who are both knowledgeable and passionate about making learning fun; camps ran from mid-June till the end of July.

Each day, campers spend supervised time outdoors. Instructors become aware of kids' preferences such as more visual hands-on learning. One of the instructors, whose "camp name" is Antman, would show them something on his computer while they looked over his shoulder; but then Antman would watch them and test whether or not they understood the concept back at their own computer station.

One goal the instructors have is showing them how to change from being consumers of video games to creators of games, and admirers of the genre. Instructors ask questions like, "What makes a great game? Why are Super Mario, Minecraft and Halo so popular?"

Instructors discuss game architecture



Evan of Pinole (L) and Rankin of Oakley enjoy creating their own computer game.

CHARLIE JARRETT

by asking students to think of a building or edifice they have visited on a vacation, seen in a movie or in another game, that they admired or found interesting. "We approach it as sculpture, like a big block that we chisel down into details, like a building plan," says Antman. "One kid made the Pantheon, one made hotel replicas and three kids are working collaboratively to create a castle surrounded by a village."

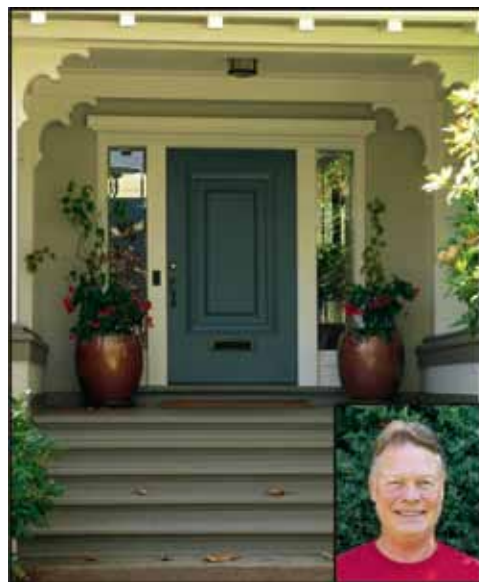
They also discuss Joseph Campbell's *The Hero's Journey* and break it down into patterns kids recognize from *Avatar* and *Star Wars*. They see how the hero meets someone, gains experience, encounters obstacles, engages in conflict, but, at the end, there is some kind of resolution. Antman, who's been an instructor since 2009, notes that there are more computer coding classes this year such as Java and Minecraft. "Minecraft is something they are used to, so they are more willing to learn Java because then Minecraft becomes easier for them to work with," he explains.

Sean of Pleasant Hill said, "If you love video games you will love this [Tech Camp] just as much or more – it adds something to the whole experience and makes it more fun and interesting." Sara, iD Tech Camp Direc-

tor, is surprised that the kids actually like to do a lot of fun stuff like everyone choosing a silly camp name or going on a scavenger hunt outside. "Collaborative teams provide socialization and bonding experience for kids with like interests," she says. "It serves the hierarchy of knowledge – they are not just learning something, they are using it for something they are intensely interested in. They end up feeling empowered because of the tools they walk away with when they leave – they know how to use the software. They also have access to online modules such as 'creating a supporting character' by age levels so they don't have to spend their time searching online for what to do next in their game creation." The first few days they receive group instruction and the last couple of days they work on their own projects, sometimes collaboratively.

Amelia, who attends OIS, says, "Last year's game plans were fine, but I came back this year to learn Java. So far it's been great; Java was last week, and this week I'm taking 3D game design RPG (role playing games) rather than a platform game. RPG has a plot and better graphics, more customizations." Her game is set in an underwater

[SEE TECH page 22]



Residential and Restoration Painting Services

Meticulous attention to detail
40 years of satisfied customers

David Collins, Orinda

925-254-6882

lic. 583003



Orinda Shell Auto Care

- Complete Auto Care -
Scheduled Maintenance - Air
Conditioning - Brakes and Suspension
- Electrical Repairs - Warranty Repair
Wheel Alignments - Senior Discount -
Free Shuttle Service -
Walking distance from BART

Welcome to Marty's Customers!





925 254-1486 • fax 925 254-8375
9 Orinda Way
e-mail orindashell@aol.com





ENJOY A TASTY TOUR OF
ORINDA'S FINE RESTAURANTS

ORINDA RESTAURANT TOUR

TUESDAY - SEPTEMBER 24TH, 2013
5:30 to 8:30 P.M.

OUR TROLLEY WILL TAKE YOU TO ALL THE RESTAURANTS

Advance Discount Tickets: \$40 (\$45 at the door)
Reserve Online Now at www.OrindaChamber.org

TICKETS ALSO AVAILABLE AT:
First Republic Bank Orinda
224 Brookwood Rd., Orinda
Orinda Chamber Office
26 Orinda Way, Orinda



Orinda Chamber of Commerce

Also visit www.OrindaCarShow.com for information about events.

RESTAURANT GUIDE

The 2013 Guide to Orinda Restaurants – Bon Appétit!

By ELANA O'LOSKEY
Staff Writer

Wondering where to eat in Orinda? Here's our annual list of hometown restaurants. Keep this section within reach or access it online (www.orindaassociation.org/online-edition - Sept. 2013). We've got you covered whether you're up for coffee/tea, healthy smoothies, breakfast, brunch, lunch, dinner, a little nosh, a glass of wine or beer, scotch or just takeout. Skip the mess, treat the kids, and if time is limited, call ahead; most places can have your order waiting, some will deliver. Thanks to all who make hometown choices. Try out the brand new Piccolo Napoli in Theatre Square.

AMERICAN/CALIFORNIA CUISINE

Casa Orinda

20 Bryant Way

254-2981

www.casaorinda.net

Hours: Mon-Sat Dining 4 p.m. – 10 p.m., Bar 4 p.m. to 11 p.m.; Sunday Dining 4 p.m. to 9 p.m., Bar 4 p.m. to 10 p.m.

The Casa is Contra Costa County's oldest continuously operating restaurant, celebrating 81 years! That's because of their prime rib, luscious fried chicken (served with homemade biscuits), mashed potatoes, and fresh fish such as calamari – classic home cooking. Longtime Orindans will recall the giant neon cowboy who once spun his lasso on the rooftop; inside are historical photos of rodeo dudes and cowgirls plus antique firearms. If you've never been, stop by to sample the menu or the full bar at this local gem – a place out of time. Reservations recommended.

Nation's Giant Hamburgers and Great Pies

76 Moraga Way

254-8888

www.nationsrestaurants.com

Hours: Sun. – Thurs. 6 a.m. – midnight; Fri. and Sat. 6 a.m. – 1 a.m.

Late at night and starving? Fast-food joints have nothing on these big, juicy burgers cooked just how you like 'em – for me, medium-rare with melted cheese, fresh tomatoes, onions and lettuce. I call them drippingly delicious! They'll do it

just as fast and for takeout too. Try a java shake. Don't forget their pies, either by the slice or whole. Kids love this place and you won't break the bank.

Shelby's

2 Theatre Square, #152

254-9687

www.shelbyseatbetter.com

Hours: Mon. – Fri. Lunch 11 a.m. – 3 p.m.; Dinner Tues. – Thurs. 5 p.m. – 8:30 p.m.; Dinner Fri. – Sat. 5 p.m. – 9:30 p.m.; Brunch Sat. - Sun. 10 a.m. - 3 p.m.; Sunday dinner 5 p.m. - 8 p.m.

Voted Trip Advisor's #1 Orinda restaurant, you'll always find something to tempt you on the menu or daily special list. Popular for business breakfasts and lunches. California cuisine using the freshest ingredients with a European flair – penne pasta al arrabbiata, vegetable risotto, garlic fries, sweet potato chips, bistro salmon, steak frites, organic Eggs Benedict (also with salmon or spinach) and a host of salads. Desserts include bread pudding, crème brûlée, poached pear and apple tart tatin. Wine and beer. Try their patio seating in good weather; also validated parking, wheelchair accessible and dog-friendly.

Table 24 Neighborhood Comfort Food

2 Theatre Square, #153

254-0124

www.table24orinda.com

Hours: Mon. – Thurs. 11 a.m. – 9 p.m.; Fri. 11 a.m. – 10:30 p.m.; Sat. – Sun. brunch 10 a.m. – 3 p.m., Sat. dinner 3 – 10:30 p.m.; Sun. dinner 3 p.m. - 9 p.m.; Happy Hour 3 p.m. – 6 p.m. daily

For some neighborhood comfort food, this is the place. Family friendly, outdoor seating, a fire-pit and benches to enjoy dinner or drinks from their full bar. The food – burger selection including Matador (chorizo, avocado, salsa verde), Cowboy (bacon, cheddar, onion rings) and Gobbler (turkey, avocado, lettuce, tomato); open faced grilled eggplant sandwich; fish grilled with fresh veggies, just a few choices from their wood burning oven. Littles Menu for kids age 9 and under; Middles menu for kids age 10-16. Validated parking, wheelchair accessible, dog friendly.

CAFES

[SEE RESTAURANT page 16]



SALLY HOGARTY

Ting Kaisange (L) and June Panmongkol at Siam Orchid prepare for the lunch crowd to arrive.

Get Out & Stay Out!
In Your New Outdoor Room
Let Garden Lights Landscape Development give you good reason to "Get Out and Stay Out" this summer.

Enlarge your living area with an outdoor kitchen or entertainment space complete with a built in barbecue and the warm glow of a stone or masonry fireplace.

Garden Lights Landscape Development, Inc. is a full service landscape & pool design build firm. We design & install with just one call 925-254-4797 www.gardenlightslandscape.com

Celebrating 20 years of service in Lamorinda. Bonded - Licensed & Insured License# 702845 C27 & C53



Kurt & Kathy Bellows
Your Hosts *Since 1986*

Still Crazy After All These Years!



orindacoffeeshop.com
Menu, Directions, & More

204 Village Square
Orinda
254-6080

On Orinda Way Near McCaulou's

Kids back in school? Relax, meet a friend for lunch.



VILLAGE INN CAFE

Monday – Friday
5:30 a.m. – 3:00 p.m.
Breakfast Until 11:25

Saturday
6:30 a.m. – 3:00 p.m.
Breakfast Until 11:25

Sunday
7:30 a.m. – 2:00 p.m.
Breakfast Only All Day



Join us for a cup of coffee ...
and a second opinion.

During volatile and confusing markets, we understand that even the most patient investors may come to question the wisdom of the investment plan they've been following. We'd like to help – and we can start by offering a cup of coffee and a second opinion.

By appointment, you're welcome to come in and talk with us about your investment portfolio. If we think your investments continue to be well-suited to your long-term goals – in spite of the current market turmoil – we'll gladly tell you so, and send you on your way. If, on the other hand, we think some of your investments no longer fit with your goals, we'll explain why, in plain English. And, if you like, we'll recommend some alternatives.

Either way, the coffee is on us. For a free consultation, please contact us and let us know if you prefer milk or cream.

Together we'll go far



Clarke Hampton Investment Group of Wells Fargo Advisors



2 Theatre Square, Suite 210
Orinda, CA 94596
Tel: 925-253-4315 • 855-282-1840
melissa.waggoner@wellsfargo.com

Investment and Insurance Products: • NOT FDIC Insured • NO Bank Guarantee • MAY Lose Value
Wells Fargo Advisors, LLC, Member SIPC, is a registered broker-dealer and a separate non-bank affiliate of Wells Fargo & Company.
©2013 Wells Fargo Advisors, LLC. All rights reserved. 0513-04128 (7/13/13) 41434

RESTAURANT GUIDE

◆ RESTAURANT from page 15

Caffe Teatro
26 Orinda Way (under the library)
254-5871

Hours: Mon. – Thurs. 6:30 a.m. – 6 p.m.;
 Fri. 6:30 a.m. – 5 p.m.; Sat. 8 a.m. – 5 p.m.;
 Sun. 8 a.m. – 4 p.m.

This inviting cafe features public art sculpture just outside the door, so sipping that Illy coffee is even easier. It is just below the Orinda Library and offers free WiFi. Fresh pastries from Artisan Bakers in Sonoma, as well as generously sized breakfast and lunch sandwiches (my fave is tuna on marble rye), salads, snacks and gelato; kid friendly. Try their Korean BBQ or a thirst quenching Italian soda.

Geppetto's Caffe

87 Orinda Way
253-9894

Hours: Mon. – Fri. 6:30 a.m. – 5 p.m.;
 Sat. 7 a.m. – 3 p.m.; closed Sunday.

Speedy drink service in the morning along with fresh pastries/bagels daily. This place is often crowded at lunch for a reason. The umbrellas outside offer a respite while enjoying delicious salads with your espresso. It's a nice place to eat alone or with a friend. Great soups (mushroom, Italian vegetable); sandwich favorites include chicken curry on sunflower wheat, chicken pesto and brie, veggie; salads like Chinese chicken, spinach and taco keep people coming back; try some gelato for dessert. Order by phone at lunch for quick service. Good bread selection for sandwiches.



SALLY HOGARTY

Moises Salazar (L) and Ben Boynton make sure all the food is delicious at the Village Inn Cafe.

Hours: Mon. – Fri. 4:30 a.m. – 7 p.m.; Sat
 5:30 a.m. – 7 p.m.; Sun. 5:30 a.m. – 7 p.m.

Friendly baristas who remember your name and order; outdoor seating. Coffee in every shape and form, fine teas, seasonal specials and tempting pastries. Specials change often. Free WiFi.

Village Inn Cafe
204 Village Square
254-6080

www.orindacoffeeshop.com

Hours: Mon. – Fri. 5:30 a.m. – 3 p.m.;
 Sat. 6:30 a.m. – 3 p.m.; Sun. breakfast menu
 only 7:30 a.m. – 2 p.m.

This family friendly, no frills diner-style spot is just right for sitting down with friends over fresh hot coffee, a country breakfast with freshly squeezed orange juice, or Belgian waffles. People come from miles around for their corned beef hash, always made from scratch. For lunch, sit at the counter and enjoy a house ground burger, veggie burger, BLT, or grilled cheese sandwich. Or try a Cobb salad with bacon and blue cheese or soup made from scratch. Generous portions. Breakfast served until 11:25 a.m. Mon. - Sat. Local since 1986.

CHINESE
Szechwan Restaurant Chinese Cuisine
79 Orinda Way (Village Square)
254-2020

www.szechwanorinda.com

Hours: Tues - Sat. Lunch 11:15 a.m. – 3 p.m.;
 Dinner 4 p.m. – 9:45 p.m.; Sun. 4 p.m. – 9:45 p.m.; Closed Monday

Bright décor with a view of the golf course across the street, comfy booths. Recommended –Mongolian dishes, hot and sour soup, egg drop soup, all their sweet and sour dishes – brown rice available. Eat in or order in advance (see online menus) for takeout; return visits for lunch specials. Orders customized on request - if you want it no MSG or like it spicy, tell them! Beer and wine.

Yan's Restaurant Mandarin and Szechuan Cuisine

[SEE CHINESE page 17]

Peet's Coffee and Tea
63 Moraga Way
258-9328

www.peets.com

Hours: Mon. – Fri. 5:30 a.m. – 8 p.m.;
 Sat. and Sun. 6 a.m. – 8 p.m.

Peet's not only offers a dizzying array of coffee choices and expert baristas, but also an amazing variety of teas and good pastries as well. My fave of 30 teas is the ethereal Jasmine Downy Pearl. Pure Matcha Japanese green tea latte is a local fave. Open access WiFi; extra roomy seating inside with benches and tables outside.

Starbucks
2 Theatre Square, #106
258-0476

www.starbucks.com

Hours: Mon. – Sun. 5:30 a.m. – 7 p.m.

What could be more convenient than this location – you know what's there. Coffee in every shape and form, fine teas, seasonal specials and tempting pastries. Specials change often. Free WiFi.

Starbucks
One Camino Sobrante, #9
253-0447

www.starbucks.com

PILATES
CoreKinetics
www.CoreKinetics.com

We've expanded our studio to twice the size and added equipment to serve our fast-growing number of clients. Now choose from three qualified Pilates teachers! Visit our website for great offers. *Take control of your health.*

- private & semi-private lessons
- equipment & mat work
- resistance, non-weight bearing
- promotes well-balanced, efficient movement in your daily life

The Well-Balanced Workout

925-708-3279
 Please call for an appointment
 50 Vashell Way, #120, Orinda, CA 94563

Orinda Florist
 Local Boutique Flower Shop
99 Brookwood Rd #2
Orinda, CA 94563
925-255-5353
www.OrindaFloristCa.com

Sustainable Florist is Open in Orinda

WWW.ORINDA.COM

- ★ A Top Producer in Lamorinda
- ★ Strong Advocacy and Negotiation
- ★ Complimentary Staging for all Listing
- ★ Outstanding Results
- ★ Committed to our Client's Satisfaction

Elena:
 "Your diligence, attentiveness and careful professionalism turned what can be a burdensome event into a smooth, pleasant and gratifying process. We simply could not have been more pleased."

Tom and Jill, Sellers

ORINDA • MORAGA • LAFAYETTE
ELENA HOOD
 REAL ESTATE GROUP
 925.254.3030
 COLLEGE HILL BANKER

VILLAGE PIZZA
 PIZZA • BURGERS • STEAKS • PASTA
 DELIVERY • PICK UP • DINE IN

Original Recipes

Pizzas

Serving Orinda Since 1984

Restaurant Hours:

Monday-Thursday 11:00am - 2:30pm 5:00pm - 9:00pm	Friday 11:00am - 2:30pm 5:00pm - 10:00pm	Saturday 11:00am - 10:00pm	Sunday 5:00pm - 9:00pm Takeout/Delivery 3:00pm-9:00pm
---	---	--------------------------------------	---

925 • 254 • 1200
 19 Orinda Way • Orinda • CA

RESTAURANT GUIDE

◆ CHINESE from page 16

One Orinda Way, #1
253-9852

<http://yansrestaurant.com/wp>

Hours: Sun.-Mon.-Wed.-Thurs. Lunch. 11:30 a.m. – 3 p.m.; Dinner 4:30 p.m. - 9:00 p.m.; closed Tuesday; Fri. - Sat. Lunch 11:30 a.m. – 3:00 p.m.; Dinner 4:30 p.m. – 9:30 p.m.

Formerly in Lafayette, this family owned restaurant offers a 10 percent discount on takeout orders. Choose from an extensive menu including lunch specials, appetizers, soups and Kung Pao prawns, lettuce wrapped chicken, Mongolian beef or lamb, hot and spicy tofu, mu shu dishes, chow meins, Hong Kong style pan fried noodles, clay pots, sizzling platters, and egg foo young. All are cooked without MSG, at the level of spiciness you prefer, and prepared dry wok at your request.

DESSERTS

Loard's Ice Cream and Candy
230 Brookwood Road
254-3434

www.loards.com

Hours: Sun. – Thurs. 11 a.m. – 9 p.m.; Fri. – Sat. 11 a.m. – 10 p.m.

This all-time Orinda favorite is the perfect place to stop before a game, after a movie, or anytime you are in the mood for a generous scoop. Choose waffle or sugar cones or order an ice cream birthday cake. They now make their own real whipped cream, so add a dollop to your choice of ice cream. Sample the macapuno (young coconut) or ube (purple yam, taro root, coconut) ice cream. Or try one of the other 40+ flavors including old standbys like cookies & cream, peanut butter fudge or chocolate mint. Catering available.

Chillers

21 Orinda Way, Suite G
254-3233

Hours: Mon. – Sat. 11:30 a.m. – 5:30 p.m.; closed Sunday.

Power up with a tasty, healthy smoothie (22 choices) – or maybe it's time for some ice cream, a milkshake (generous amount of ice cream) or frozen yogurt (FroYo). Order to go or have a seat in a sunny spot, either way, your smoothie is made to order. Kids love the quick service and table and chairs sized just for them. Try the Italian ices: mango, cherry, sour apple, lemon, strawberry lemonade or blue raspberry flavors. Ample parking.

Republic of Cake
2 Theatre Square, #151
Orinda, CA 94563
254-3900

877-435-CAKE (2253)

<http://republicofcake.com>

Hours: Mon. - Thur. 10 a.m. - 6 p.m.*; Fri. and Sat. 10 a.m. – 7 p.m.*; Sun. 11 a.m. - 5 p.m.*

* Or until the display case is empty.

Simply delicious! Uses the best local ingredients for down home goodness and low carbon footprint. Featuring a mouth-watering selection of basic and not-so-basic cupcakes including wheat free Black Vel-



Randy Trudeau (L) and Paul Palubicki enjoy lunch at colorful Village Pizza.

SALLY HOGARTY

vet, Fluff the Magic Banana, Blackberry Magic, Vanilla Bean Malt, Key Lime Pie, Sam's Messy Chocolate. Frequent buyer card.

DELICATESENS

Europa Hof Brau Deli & Pub
64 Moraga Way
254-7202

www.europahofbrau.com

Hours: Mon. – Sat. 10 a.m. – 9 p.m., Sun 10 a.m. – 8 p.m.

A spacious cafeteria style family restaurant with a play area, slide and video games for the kids, flat screens for adults. This popular spot is known for delicious corned beef and cabbage, oven roasted turkey, and burgers. You can also grab a stool or your favorite table to catch a game and have a beer on tap. Small playground in the back.

Kasper's Hot Dogs

2 Theatre Square, #103
253-0766

Hours: Mon. – Sat. 11 a.m. – 8 p.m.; Sun. 11 a.m. – 7 p.m.

If you or your kids want a hot dog, this is the place. Try their extra spicy hot link or maybe a Kasper dog with cheese. Wash it down with thirst quenching crushed ice lemonade. Kids usually like them simple and plain, but you can contemplate the nacho dog, the chili cheese dog or even – I dare you - the double dog.

Heaven Sent Bakery & Cafe (formerly Orinda Deli)
19 F Orinda Way
254-1990

Hours: Mon. – Fri. 7 a.m. – 4 p.m.; Sat.

8 a.m. – 4 p.m. Closed Sunday

Stop by and meet Carol and Michelle who invite Lamorindans to sample their fresh homemade bakery items and choice-

filled lunch menu. Many gluten free items (call 24 hrs. in advance to special order cakes, pies, etc.); cinnamon rolls, biscuits and scones baked fresh daily. Indoor and outdoor seating, or have a picnic in the park across the street. Free delivery to Orindans with \$30 minimum order; catering available.

Subway Sandwiches

2 Theatre Square, #108
258-0470

Hours: Mon. – Fri. 7 a.m. – 9 p.m.; Sat. 8 a.m. - 9 p.m.; Sun. 9 a.m. – 8 p.m.

This well-known chain is always good for a sandwich on the run. They carry soup as well. Sandwiches can be ordered in sizes – they come by the inch; and you pick the bread. It's all made on the spot.

HAWAIIAN

Lava Pit Hawaiian Grill
2 Theatre Square, #142
253-1338

www.lavapit.com

Hours: Open 11 a.m. – 8 p.m. 7 days [SEE BBQ page 18]

BACK 2 SCHOOL. ALL SQUARED AWAY.

FREE FAMILY FUN EVENT SAT. SEPT. 7 2-5 PM

- MAD SCIENCE LIVE DEMOS & HANDS-ON ACTIVITIES
- BOUNCY HOUSE
- ART WORKSHOP
- PHOTO BOOTH
- MEET MCGRUFF THE CRIME DOG AND ORINDA PD
- FREE SAFETY ID KITS
- COMPLIMENTARY VISION SCREENINGS & DISCOUNTED VISION PACKAGES
- SCHOOL LUNCH SAMPLES FROM TABLE 24 & BARBACOA
- TEACHER DISCOUNTS
- FREE TOTE BAG WITH RAFFLE TICKET PURCHASE
- MIRAMONTE HIGH SCHOOL LIVE BAND PERFORMANCE

FREE GARAGE PARKING WHEN YOU SHOP OR DINE AT ORINDA THEATRE SQUARE

orindatheatresquare.com

RESTAURANT GUIDE

MARY H. SMITH, D.D.S. • CECELIA THOMAS, D.D.S.

A Professional Corporation
96 Davis Road, #5 - Orinda, CA 94563
925.254.0824



Taking care of all your dental needs for you and your family. Emphasizing cosmetic dentistry with implants, and Invisalign. Nitrous oxide is available. Consultations are complimentary. Dentistry with Excellence.

Lamorinda Tutoring



925.708.4213
lamorindatutoring.com

Mathematics
General Math
Pre-Algebra
Algebra I
Geometry
Algebra II/Trigonometry

Owner: Matthew C. Leutza, M.B.A., M.Ed.
CA Credential: #060096281

Get a head start on the 2013-2014 school year!

LAMORINDA TUTORING is an educational support service that specifically meets the needs of the area's aspiring K-12 student. Our program provides one-on-one tutoring in the privacy of your home by a California credentialed teacher.

a week

Lots of Aloha, especially in the aroma of BBQ which floats out to meet you. Many votes for Katsu Moco but also fresh salads, pineapple slaw, and BBQ mixed grill plate. Yelpers like the BBQ chicken and chicken katsu. Both brown and white rice offered. Outdoor seating. They also deliver and cater; check online for promotions.

ITALIAN

La Piazza
15 Moraga Way
253-9191

Hours: Sun. – Thurs. 5 p.m. – 9:30 p.m.;
Fri. – Sat. 5 p.m. - 10 p.m.

Good food combines with a friendly staff and a cozy atmosphere, often busy during dinner hours as it is across from the theater. Try their brick-oven pizzas, freshly made salads, pastas, soups (vegetable, cream of artichoke, squash), and the basket of fresh bread at your table. Sit at the bar and watch them make your BBQ shrimp, spinach calzone, gnocchi, linguine a la vongole or fresh petrale sole. Chocolate ganache for dessert, a must try; kids love the pizza. Beer and wine.

Piccolo Napoli
2 Theatre Square, #144
253-1225

www.piccolo-napoli.com (check for specials online)

Hours: Sun. – Thurs. 11:30 a.m. – 9 p.m.;
Fri. - Sat. 11:30 a.m. – 10 p.m.

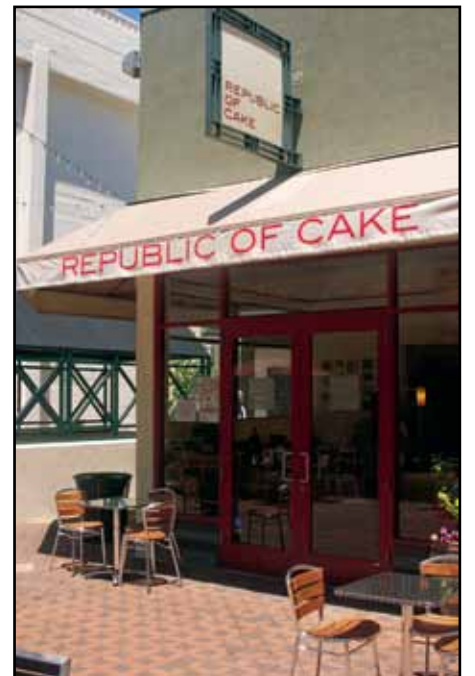
Everything from traditional pepperoni pizza to gluten free vegetarian choices and extensive make your own pizza options. Customer favorites include the gluten free meatball appetizer, prosciutto, pear and gorgonzola pizza and salty caramel gelato. To go lunch special, cheese slice and soda \$5; dine in special, cheese slice and salad \$10; salads and appetizers on menu. Beer and wine.

Village Pizza
19 Orinda Way
254-1200

www.villagepizzaorinda.com (check for online coupons)

Hours: Mon. – Thurs. Lunch 11 a.m. – 2:30 p.m.; Dinner 5 p.m. – 9 p.m.; Friday – Saturday Lunch 11 a.m. – 2:30 p.m.; Dinner 5 p.m. to 10 p.m.; Sun. Dinner 5 p.m. – 9 p.m.

Family atmosphere in this casual spot,



SALLY HOGARTY

If you're looking for a sweet treat, Republic of Cake in Theatre Square can't be beat.

comfortable for everyone. Garlic chicken pizza, vegetarian pizza, mini pizza for lunch dripping in cheese, served with a salad. Menu includes steak sandwiches and burgers (cooked on a grill), white bean soup and more. Beer and wine; best news yet – they deliver.

Zamboni's Pizza
One Camino Sobrante, # 4
254-2800

Hours: Open Mon. - Thurs. 11 a.m. – 9:30 p.m.; Fri. – Sat. 11 a.m. – 10 p.m.; Sun. 11 a.m. – 9 p.m.

Want pizza with fresh sauce made daily, cheese without fillers or additives? This is the place, also pizza by the slice. You can eat in, take out, or they deliver. Yelpers say, "It is solid dependable pizza." Beer and wine.

JAPANESE
Hanazen Japanese Sushi
87 Orinda Way
254-3611

Hours: Mon. - Thurs. 5:30 p.m. – 9 p.m.; Fri. 5:30 p.m. – 9:30 p.m.; Sat. 5:30 – 9 p.m. Closed Sunday.

A wonderfully intimate restaurant with traditional dishes and a great sushi bar, 29 Yelpers say, "The freshest, best sushi in the East Bay." Chef Kenji Horikawa prepares

[SEE JAPANESE page 19]

OAKLAND STROKES

Competitive High School Rowing Team & Recreational Middle School program



NOW ACCEPTING NEW ATHLETES!

• We offer a two week trial to all competitive high school athletes to allow them to try out the program.

• Practices for 1st year rowers begin September 3rd.

• Sign-ups on-line at: www.oaklandstrokes.org

• Questions? e-mail us: oaklandstrokes@gmail.com

Middle school: registration is limited and on a first come first serve basis. The program fills up quickly and will open for registration on August 1st.



Coaches will speak at 9:30 am

Tidewater Boating Center
4675 Tidewater Ave., Oakland

Come see our new rowing facility and ask any questions you may have.



WANT TO FIND OUT MORE?
Come to our open house!

September 7th 9:00 am - 10:00 am

www.oaklandstrokes.org



The Land Home
Orinda Team

"Your personal residential lending team – here to help you achieve your home financing goals."



Built on Knowledge, Commitment, & Trust Since 1988.

Jumbo • Conventional • FHA • Manufactured • Adjustable Rate Programs • VA

Land Home Supports Orinda Charities and Schools

We will fund a \$250 donation to your local charity/school when you close a loan with Land Home Orinda.

For More Information Contact Land Home Today
2 Theatre Square, Suite 146, Orinda, CA 94563
Phone: 925-885-6760 • Fax: 925-386-0546

NMLS #1058022 • CA-DBO #6054704 • CA-BRE #00988341

Equal Housing Opportunity Lender. Rates, Program, Fees, and Guidelines are subject to change without notice. Restrictions apply. Not a commitment to lend. Land Home only conducts business in states we are approved in. Borrower selects the non-profit or school to receive the single donation of \$250. Donation is only given at the close of loan/transaction. The loan/transaction must close in order to receive the credit. \$250 maximum donation, applies to Orinda branch only. Land Home Financial Services 2 Theatre Square, Suite 146, Orinda, CA 94563. NMLS #1058022. Licensed by the Department of Business Oversight under the California Finance Lenders law - #024704. Department of Business Oversight - 916-324-6824. California - Bureau of Real Estate Branch Office License Enforcement #00099341. Date 7-21-12



RESTAURANT GUIDE

◆ JAPANESE from page 18

every dish while his wife Coco (who holds a sake sommelier license) serves the guests. What makes people rave? Killer spider roll, spicy tuna roll, super fresh, unusual fish such as: ocean trout, toki sake, buri, kelp mackerel. Also sake steamed clams, butterfly uni, sea urchin nigiri, Japanese squid. Takeout available. Only 18 seats in the restaurant so reservations are a must. Fantastic sake selection.

Niwa Restaurant
One Camino Sobrante
254-1606

Hours: Lunch Mon. – Fri. 11 a.m. – 2:30 p.m.; Dinner Mon. – Thurs. 4:30 p.m. – 9:30 p.m.; Fri. 4:30 p.m. – 10 p.m.; Sat. open 12 p.m. – 10 p.m. Closed Sunday.

Nothing fancy, just some outstanding sushi, more fish than rice. Here’s why: tasty spicy tuna handroll with a great sauce, complimentary crab and cucumber salad with sesame sauce at the bar, spider roll/flower roll (shrimp tempura with avocado, lots of crab, moist), scallop special, spicy. They usually have fresh toro, yellowtail or salmon belly at reasonable prices. Check out the Specials board. Next to Starbucks; takeout available. Beer, wine and sake.

Serika Restaurant
2 Theatre Square, #118
254-7088

Hours: Lunch Mon. – Fri. 11:30 a.m. – 2 p.m.; Dinner Mon. – Sat. 5 - 9 p.m.; closed Sunday.

If you want really fresh sushi in a charming, relaxing spot tucked away from the street, this is your place. Real crab served; well prepared, as is tomago, caterpillar rolls, and unagi sushi. Yelpers like the miso, aegedashi tofu, tempura, veggie sushi rolls, bento boxes. The chef provides information about the freshest fish, and the subdued atmosphere will melt away the day’s stress. Children are always welcome and you will find plenty of kid-friendly food. Beer, wine and sake, with Kirin on tap.

Sushi Island (formerly Yu Sushi)
19 Moraga Way
253-8399

www.sushiislandorinda.com

Hours: Lunch Mon. – Fri. 11:30 a.m. – 3 p.m.; Lunch Sat. 12 p.m. – 3 p.m.; Dinner Mon. – Thurs. 5 p.m. – 9 p.m.; Dinner

Fri. – Sat. 5 p.m. – 10 p.m.; Closed Sunday
Under new management. Yelpers like the Orinda roll and the Joyce roll, ankimo (monkfish liver), saba, and aji (Japanese mackerel). Bento lunch box specials for \$7.50 or \$8.50; a la carte sashimi; kids menu. The owners are committed to serving real crab meat to keep customers happy. Order take out online. Beer, wine and sake.

MEDITERRANEAN

Petra Café
2 Theatre Square, #105
254-5290

Hours: Mon. – Thurs. 11 a.m. – 9 p.m.; Fri. and Sat. 11 a.m. – 9:30 p.m.; closed Sun.

Petra gets top marks from its online fans and makes the most of its tiny interior and outside tables – a takeout favorite. Regulars swear by the chicken or lamb gyro with tzatziki sauce and warm fluffy pita. Check out their grilled salmon on Greek salad. Vegetarian options such as roasted vegetables, falafel, dolmas. Baklava with ground pistachios on top. Greek beer and wine, retsina.

MEXICAN

Barbacoa Mexican Comfort Food
2 Theatre Square, #130
254-1183

www.barbacoaorinda.com

Hours: Mon.-Thurs. 5 p.m. – 9 p.m.; Fri. – Sat. 11 a.m. – 10 p.m.

Orinda’s first wood-fired Mexican grill, opened by the owners of Table 24. The pasilla/chipotle chili salsa and chips with Cojita cheese goes down well with a habanero Margarita or (nonalcoholic) homemade horchata. Yelpers recommend the sopa de lima, gluten free menu options; customers like the steak, chicken or shrimp fajitas. Full bar with great seating to watch one of three flat screens. Indoor and outdoor seating with heaters for cool nights; dog friendly. Validated and valet parking.

La Cocina Mexicana
23 Orinda Way
258-9987

www.lacocinaorinda.com

Hours: Mon. – Sat. 11 a.m. – 8:30 p.m.; Sun. 12 p.m. – 8 p.m.

Bring on the chips! This family-friendly restaurant has a large menu and a special kids menu. Customers return for taco salad with grilled chicken. Try their chicken bur-



SALLY HOGARTY

Diners at **Shelby's Restaurant** in Theatre Square enjoy great food in a relaxing atmosphere.

rito, chicken enchiladas verdes, vegetarian burrito, sinaoa (burrito or bowl) or mole sauce. Dine in or use their takeout menu. Margaritas on the rocks or blended, beer and wine. E-club online specials.

Maya Mexican Grill
74 Moraga Way
258-9049

Hours: Mon. – Sat. 11 a.m. – 8 p.m. Closed Sunday.

Maya offers many traditional Mexican dishes based on family recipes – busy at lunchtime. People come back for: Burrito Maya “the size of a football drenched in the most amazing mole sauce with a side of fresh pico de gallo... meaty, cheesy, chocolaty goodness,” crispy tacos (shrimp, chicken), fish tacos, tacos Maya (grilled steak). Smoking good hot sauce. Takeout available, as is beer and wine. Cash only.

[SEE MID-EASTERN page 20]




Authentic Cuisine of Thailand

- Family Owned
- 3 Generations of Thai cooking experience
- All sauces made fresh
- Full Bar

Lunch: Mon.-Fri. 11-2
Dinner: Mon.-Sun. 4:30-9:00


23 F Orinda Way, Orinda
(925) 253-1975

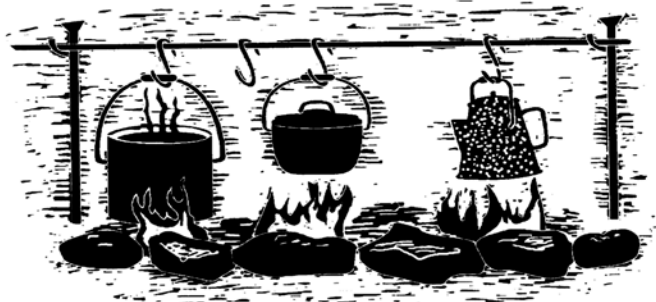


Baan Thai RESTAURANT
Eat Healthy, Live Healthy

ORGANIC SALADS MADE FRESH DAILY.
MANY VEGETARIAN OPTIONS.
WE COOK FROM FAMILY RECIPES.
FOOD TO GO, CATERING & GIFT CERTIFICATES ARE AVAILABLE

Open for Lunch:
Mon. - Sun. 11:30 a.m. to 3:00 p.m.
Dinner: Sun. - Thurs. 4:30 - 9:30 p.m.
Fri. - Sat.: 4:30 - 10:00 p.m.
99 Orinda Way, Orinda
(925) 253-0989





C A S A O R I N D A

R E S T A U R A N T

Dinner served nightly from 4 p.m.

925.254.2981 ■ 20 Bryant Way ■ Orinda, CA 94563



la Méditerranée

CAFÉ . RESTAURANT . CATERING

“For your next special occasion try our Party Platters and our Chicken Pomegranate!”

Free Delivery to Lamorinda
(within 10 miles, with \$300 min. order)

(510) 540-7773


www.cafelamed.com

2936 College Ave. at Ashby . Berkeley . CA 94705



RESTAURANT GUIDE

The Medicine Shoppe
 100% Pure PharmacySM
 Old fashioned, personal service with all the latest in pharmaceutical products.



Alan Wong, R.Ph.
 Next to Hollyhock and McCaulou's
 282 Orinda Village Sq. • 254-1211
 www.medicineshoppe.com

◆ MID-EASTERN from page 19

MIDDLE EASTERN
Turquoise Mediterranean Grill
 70 Moraga Way
 253-2004
 www.turqgrill.com (check online for coupons)
 Hours: Mon. – Sat. 11 a.m. – 9 p.m. Sun. 11 a.m. – 8 p.m.
 This Middle Eastern restaurant specializes in homemade Turquoise burgers, falafel sandwiches and chocolate baklava. Return visits for: grilled chicken sandwich with hummus, Greek salad, grilled kebob sandwich; many vegetarian items. Kids menu for \$4.99. Popular for takeout, order by phone; near BART. Voted one of 101

Best Bites in *Diablo Magazine*.

THAI
Baan Thai
 99 Orinda Way
 253-0989
 www.baanthaiorinda.com
 Hours: Open 7 days: Lunch – 11:30 a.m. – 3 p.m.; Dinner Sun. – Thurs. 4:30 – 9:30 p.m.; Fri. and Sat. open until 10 p.m.
 Tucked away across from the Orinda golf course. Gracious surroundings and service, great for a date. Unique Thai brown rice – try it! Return visits for: papaya salad, avocado prawns, Thai crunch salad, pumpkin and panang curry, tofu spring rolls with peanut sauce. Lunch specials like Bangkok noodles, red snapper curry and Tom Yum. Extensive vegetarian menu and kids menu. Tell your waitress the level of hotness you prefer. Love the Thai iced

tea and hot ginger tea. Coconut ice cream or fried banana with ice cream for dessert. For a group booking, you can order ahead using their online menu. Takeout popular and available, as is wine and beer.

Siam Orchid
 23 Orinda Way No. F
 253-1975
 www.siamorchidorinda.com
 Hours: Lunch Mon. – Fri. 11 a.m. – 2 p.m.; Open for Dinner Daily 4:30 – 9 p.m.
 A white tablecloth experience with a roomy full bar and good cocktails – try their mojito. Return visits for: shrimp spring rolls, crab puffs, crispy calamari, beet salad and tamarind shrimp. The pumpkin curry and special ginger salad remain popular dishes. Lunch served with egg roll, ginger salad and steamed rice. Takeout available.



ANN SHARF

When you need:

- a strong negotiator
- proven results for both buyers & sellers
- professionalism & service
- a top producer

Call ANN at (925) 253-2525;

she comes highly recommended...

Website: www.annsharf.com
 Email: ann@annsharf.com
 93 Moraga Way, Orinda



I can help you navigate through this ever changing real estate market. Be certain your largest asset is in the hands of a professional who represents both buyers and sellers daily.

◆ MIRAMONTE from page 5

the instruction so the studies in each class are woven into and support the other class. Thus, the 60 juniors will all have the same English and history teacher. Also 60 seniors will have iPads for their English IV AP classes.
 Additionally, available in the library are three class sets for a total of 90 iPads for teachers of any discipline to check out and use. The library as well offers 20 more for individuals to sign out. For people not familiar with what an iPad does, it is simply a larger version of the iPhone, but one can access newspaper or magazine articles, read books, use the camera, make movies or audio recordings, read the on-line school newspaper, word process or visit the world wide web.

their iPads. Further, the school has five PC labs which each hold one full class of about 30 students, and offers three mobile labs in the form of laptops that can be wheeled to a classroom to provide a class set for a teacher's room.

The school is continuing to implement professional learning communities as part of a district program to give teachers weekly meeting time to coordinate with other disciplines to improve student learning. The emphasis is on what students should learn and what level of learning they should achieve. The teachers in these groups study "best practices" and performance data, and develop "common assessments." Clark says, "Teachers share and support each other, and together discover what our students need to be successful."

About half the teachers on the faculty have school issued iPads. Those teachers using the devices also have their classrooms wired with Apple TV which means anything used on the iPads can be projected to the classroom TV or movie screens from

Clark explains that these programs and others, such as a "very popular" Sports Medicine class taught by a full time athletic trainer are "all possible because of our Parents' Club, the Educational Foundation of Orinda and our Athletic Boosters."

Thank-you for 25 years of clean.

www.totalclean.biz

Total Clean 376-1004
For your home.

Amrita Newton to Attend Interlochen Arts Academy

A three-time winner of Lamorinda Idol, Amrita Newton will spend her senior year at the prestigious Interlochen Arts Academy. The daughter of Petra Michel, Newton attended Miramonte High School through her junior year.
 Located in Michigan, the fine arts boarding high school immerses students in their chosen discipline. Newton will concentrate on theater. Founded in 1962, Interlochen provides year-round training in the arts coupled with comprehensive college-preparatory academics.



Amrita Newton.

McDonnell Nursery

Houseplant Workshop
 Saturday, September 21 at 10 a.m.
 Call to reserve a seat.

family owned since 1933

Trees • Shrubs • Vines • Annuals • Perennials
 Vegetables • Containers • Statuary & Fountains
 Indoor Plants • Decorative Items

www.mcdonnellnursery.com
 196 Moraga Way • Orinda • (925) 254-3713 • Open Daily



~ Expertise
 ~ Service
 ~ Insight
 ~ Integrity

Experience Extraordinary

Call us today for a complimentary Market Evaluation & Home Enhancement Plan

Virginia Varni-Ratto (925) 253-6215
 vvarni@pacunion.com

Paul Ratto (925) 253-6227
 pratto@pacunion.com
 www.rattoandratto.com • www.fixup2sell.com

PACIFIC UNION CHRISTIE'S INTERNATIONAL REAL ESTATE
 2 THEATRE SQUARE, SUITE 117 ORINDA, CA 94563 925-258-0090
 see our open homes and many more listings with virtual & multi-media tours on pacunion.com

just ask our clients

LOCAL FAMILY

Local Family Bridges Cultures and Water in Rwanda

By MAGGIE SHARPE
Staff Writer

In areas of rural Rwanda, a swollen river can become a barrier to markets, health-care and education. More than 10 people lost their lives in the last few years trying to swim across the Muregeya River in western Rwanda during the rainy months, according to Andrew Seelaus, program manager for Bridges to Prosperity.

“Bridges to Prosperity builds small pedestrian bridges in rural third-world communities in Africa, Asia and South America,” says Orinda resident and Bridges’ board member Mirek Olmer.

Olmer went to Rwanda in July with his 20-year-old daughter Naya to help build a new bridge over the Muregeya River near Lake Kivu. The old bridge consisted of just five logs that would become submerged in up to 20 feet of water during the rainy season, making the river impassable.

“The newly erected suspension bridge has a 170-foot span and is three feet wide,” says Olmer, an engineer with 40 years of experience in designing and constructing bridges.

An international company called Arup donated the design of the Muregeya River Bridge. Eight engineers from the company’s London office gave their vacation time to travel to Rwanda this summer and oversee the construction, which was coordinated through Rwanda’s Ministry of Infrastructure.

“When we arrived at the site on July 21, the foundation had already been completed by Bridges to Prosperity,” says Olmer. “In 12 days, we erected the towers, cables and the bridge deck. We opened the bridge on August 1.”

Olmer says that about 25 local men and women, who were paid \$2.50 per day, helped with the construction.

“We had a small generator and a few battery tools, such as a saw to cut the planks for the deck, otherwise everything was human muscle,” says Olmer.

Naya Olmer found working with her hands an amazing feeling. “You see the fruit of your labor immediately,” says Naya. “In two weeks, we built a bridge – and it stood up!”

She says the local people are “unbelievably strong, agile and capable. Here I am, a scrawny, 20-year-old girl from Orinda, and I’m in the middle mixing cement with a shovel,” she says. “For every four shovelfuls the locals turned over, I could

turn over one. Although they laughed and teased me for it, they appreciated the effort all the same.”

She says they woke up each day at 5:30 a.m. and worked until 9 p.m. at night. “I’ve never slept better,” says Naya. She also enjoyed sampling local delicacies such as sorghum, banana beer and banana juice. “Everyone was very friendly and enjoyed teaching us words in Kinyarwanda, which is the local language,” says Naya.

Mirek Olmer says he and his wife Ksenija – who have four daughters – have been involved in charitable work for many years. “We travel two or three times a year, and we always make it part of our itinerary to visit local orphanages,” says Olmer.

This summer, Olmer and Naya took along three duffel bags full of books, shoes, clothing, toys and toothbrushes that they gave to children at a local orphanage near the convent where they were staying.

“The children were very happy about the toothbrushes, especially since they got to pick their color,” says Naya, who is a senior at UC Berkeley. “We had a lot of smiles, hand-holding, skipping and playing together. It was a wonderful experience.”

Naya says going to a foreign country so unlike her own was not easy. The area has no electricity or running water, although there were toilets and showers at the convent. “It was very difficult at times, but you know the difficulty is absolutely worth it,” she says.

She says before the new bridge was built, a sick person could not get to the hospital during the rainy season because they couldn’t get across the river. “A sick person could not be treated. A child could not go to school. A farmer could not sell his goods in the market. In 12 days, we changed all that,” she says. “To think it’s possible to have such an awesome effect on an entire community is simply amazing.”

It is estimated that 10,000 local residents in this primarily farming community will use the new bridge. “The local community was incredibly supportive of our project,” says Naya, who hopes to earn a master’s degree in geotechnical engineering and work on mitigating climate change. “Besides the amazing feeling of helping a community in such a profound way, the work was fun. I hope I can work on Bridges to Prosperity projects in the future.”

For more information, visit www.bridges-toprosperity.org. To contribute, click on “What can you do” and “Donate.” Donations are tax-deductible.



COURTESY OF MIREK OLMER

Orinda resident **Mirek Olmer** (back row center) and his daughter **Naya** (back row left) distribute toothbrushes to children at a local orphanage during their trip to Rwanda in July.



Today's Real Estate Market has Many Buyers and Few Sellers.

If you are thinking of selling your home, give Lisa a call today to find out what it takes to get your home sold for the best price, in the shortest amount of time.

Lisa Shaffer
Realtor®

(925) 528-9278
Lisa@LisaShaffer.com
www.LisaShaffer.com

51 Moraga Way, Orinda, CA

WHO'S WHO IN LUXURY REAL ESTATE

DISTINCTIVE COLLECTION

Better Homes REAL ESTATE MASON-MCDUFFIE



TREE SCULPTURE

COMPLETE TREE CARE



Proudly serving the East Bay since 1965!

Fully Insured ❖ Certified Arborists ❖ License #655977

(925) 254-7233 ❖ www.treesculpture.com

Orinda Starlight Village Players

Presents





Adapted from Edgar Allan Poe stories

September 6, 7, 13, 14, 21, 22, 26, 27, 28

Friday and Saturday performances are at 8:30 p.m.

Sunday is at 4 p.m. - Thursday is at 8 p.m.



Edgar Allan Poe

Starlight Dinner Theater Offer

Bring the receipt from an Orinda restaurant to the theater and get two regular theater admissions for the price of one.

Restaurant receipt must be from the same night as the performance.
One discount per party.

At the Outdoor Amphitheater, Orinda Community Center Park,
28 Orinda Way (Across from Rite Aid). Two blocks from BART.

Regular admission \$16, Discount admission \$8

Orinda Starlight Village Players,
P.O. Box 204, Orinda, CA 94563
www.orsvp.org
Tickets at Box Office or call 925-528-9225 or email info@orsvp.org

Orinda Takes Part in Coastal Cleanup Day 2013

Join Friends of Orinda Creeks in the annual beach and inland watershed cleanup right here in Orinda.

Trash accumulates along San Pablo Creek in downtown Orinda and flows downstream all the way to San Pablo Reservoir and beyond to San Francisco Bay. Help take care of our fragile marine environment by volunteering your time.

Join Friends of Orinda Creeks on Saturday, September 21, at 9 a.m., in the parking lot next to Vintage House (25 Orinda Way). Bring sunscreen, gloves (if you have them) and wear long pants and sturdy shoes. All other equipment will be provided.

For further information, contact Jim Luini 254-6208.

◆ TECH from page 14

city. When asked if she would attend meetings at the Orinda Community Center for young game designers, she said, "I would go, and I think other kids would too." iD has partnered with Arbor Day Foundation to plant one tree for every camper; over 40,000 trees have been planted. For more information about iD Tech Camps, visit www.internalDrive.com.

Scouts Busy With Projects This Summer

By SALLY HOGARTY
Editor

Two young men recently became Eagle Scouts with Moraga Troop 249, which is under the leadership of Scoutmaster Wes Hilton. The Church of Jesus Christ of Latter-day Saints sponsors the troop.

Calvin Larson's interest in art gave him the idea for his Eagle Scout project. An independent high school student, Larson studied art at the California College of the Arts this summer. When a teacher at United Methodist Preschool mentioned to him that the school didn't really have an appropriate place for the young students to develop their creativity, he had his project.

Using reclaimed redwood, he built a "make-it-center" for the preschool, which is located in Alamo. The sturdy 8' table was made for the outside environment of the school. "It is a place for the children to create using a variety of materials such as paint, glue, and wood," he says. The table has a sturdy 4" top with storage shelves underneath for keeping materials easily available and easily stored.

Erik Cruz wanted to ease the suffering of patients at Oakland's Children's Hospital by building two wall mazes. "Due to my transfer from Oakland's Troop 341 to



CONTRIBUTED PHOTO

Erik Cruz (L) and Calvin Larson are the latest Eagle Scouts for Moraga Troop 249.

Moraga's Troop 249, I could not decide which community to donate a project to. I eventually was referred to Children's Hospital in Oakland, a place where my project would go to good use and not be vandalized," Cruz explains.

With the help of friends and family, he completed the work in just a few days. "Leading workers through the project taught me self discipline and leadership skills that I will be able to put to use once

in college or in the workforce. I am thankful to some of my best friends and church leaders who helped on my project," the Miramonte graduate adds. Installed at Children's Hospital and Research Center Oakland (specifically in the building closest to parking garage), the project entertains both patients and visiting children, providing a sense of relief for those undergoing treatment. Cruz will attend Brigham Young University in Provo, UT this fall.

Zimbabwe CARE Family Festival

If you have a heart to share, please join us for Zimbabwe CARE Family Festival benefiting JF Kapnek Pediatric AIDS fund Zimbabwe.

On Saturday, September 28, 12-3 p.m. at Lafayette-Orinda Presbyterian Church (49 Knox Drive, Lafayette), Bay Area kids will get a taste of Africa! Bring your entire family to play, learn and experience authentic African culture. Learn an African dance! Taste Zimbabwean food! We'll have something for everyone: African music, games, crafts, cuisine, face painting, and a few surprises.

Kids helping Kids... We'll be building toys to send to The JF Kapnek Preschools in Zimbabwe, serving orphans and children affected by AIDS. We will also be collecting used preschool toys for The Kapnek Preschools. We hope to see you and your family at this little festival with a huge heart! Free entry. Food available to purchase.

27th Annual Festival of Trees

The Orinda Woman's Club Festival of Trees Benefit Luncheon and Fashion Show will take place November 21 at the San Ramon Marriot Hotel, 2600 Bishop Drive, San Ramon. Helen Lyall's clothes will be featured with Dan Ashley, the co-anchor of Channel 7 News, acting as Master of Ceremonies. There will be a raffle of wreaths, trees, and bountiful gift baskets as well as a raffle for a trip to either Kauai or Puerto Valarta. Reservations are \$85 per person. Please make your reservation as soon as possible as this event often sells out. For more information, call 925 254-4900 or visit the website at www.orindawomanclub.org.



SALLY HOGARTY

Local Realtor Patti Camras was one of the models in last year's fashion show.



IRONWOOD
ENGINEERING COMPANY

Civil & Structural Engineering

- Earthquake Strengthening
- Foundation Repairs
- Retaining Walls
- Drainage
- Remodels
- Additions
- New Construction
- Licensed Engineers
- Leak Investigations
- Expert Witness
- Property Purchase Inspections

www.ironwoodengineering.com

510 / 524-8058

RPM | MORTGAGE





Financing with care & consideration

Dianne Crosby

Senior Vice President • 925.743.3501

www.dianne-crosby.com • dcrosby@rpm-mtg.com
51 Moraga Way, Suite#2 • Orinda, CA 94563
DRE# 01348308 • NMLS# 304682

CA Dept. of Real Estate - Real Estate Broker License # 01818035
NMLS # 9472. Equal Housing Opportunity.

SERVING LAMORINDA SINCE 1979

Specializing In:

- Spot and Stain Removal
- Oriental and Handmade Rugs
- Upholstery Cleaning
- Water Damage
- Odor Removal



254-2866

www.kirbycarpetcleaning.com

We Clean for Health as well as Appearance

We Clean with Green T.L.C.




John Kirby
Owner




CALENDAR

ON THE CALENDAR

September

- 3 **Story Hour** for 2- to 4-year-olds and their caregivers, every Tuesday, Orinda Books, 276 Village Square, 10 to 11 a.m. Call 254-7606.
- 4 **Contra Costa Children's Chorus**, for boys and girls 6 to 16 years, holds free placement interviews for the upcoming school year, 4 to 6 p.m. The choir rehearses on Tuesdays and Wednesdays at Our Saviour's Lutheran Church, 1035 Carol Lane, Lafayette. Contact frontdesk@childrenschorus.org or 945-7101, ext. 1.
- 5 **WomenSing** holds auditions for the all-women ensemble, by appointment only for experienced singers. Rehearsals begin September 4. All voice parts welcome, scholarships available. Contact audition@womensing.org or leave a voicemail at 925-974-9169.
- 6 **Orinda Starlight Village Players** presents Malcolm Cowler's *Escape to Bedlam*, an adaptation of three Edgar Allan Poe tales, through September 28, Orinda Community Park, 28 Orinda Way. Shows are Fridays and Saturdays, 8:30 p.m., Sunday, September 22 at 4 p.m. and Thursday, September 26 at 8 p.m. (No performance on Sept. 20.) Call 528-9225 or visit www.orsvp.org.
- 7 **Orinda Books** hosts Sisters-in-Crime Rhys Bowen and Susan Shea who will discuss and sign copies of their latest mysteries, *Heirs & Graces* (Bowen) and *The King's Jar* (Shea), 276 Village Square, 1 p.m. Call 254-7606.
- 8 **Lamorinda Idol 2013 Finals** features 40 solo and group finalists from grades K-12, Orinda Theatre, 11 a.m. to 6:15 p.m. with awards ceremony at 7 p.m. Visit www.OrindaArtsCouncil.org.
- 9 **Girl Scouts of Orinda/Moraga** is holding an information night, 7 p.m., Moraga Valley Presbyterian Church, 10 Moraga Valley Lane, Moraga. Parents of incoming kindergarten and first grade girls encouraged to attend. www.orindamoragagirlscouts.org.
- 12 **Sixth Annual Orinda Night Out**, a chance to meet with neighbors for a potluck, pool party or ice-cream social. Schedule a visit with City Council members, police officers or fire department personnel by contacting pattiyoung1@comcast.net or 510-910-0311.
- 17 **The World Affairs Book Group** will read and discuss *Breakout Nation: In Pursuit of the Next Economic Miracle* by Ruchir Sharma, Orinda Books, 276 Village Square, 3 p.m. The group meets monthly; new members welcome.
- 20 **Dancing with the Cars** kicks off the Orinda Classic Car Show Weekend with a Roaring 20s Bootleggers Bash theme, featuring car exhibit, dinner, music and live auction, Library Plaza, 26 Orinda Way, 7 p.m. Tickets are \$100 or purchase VIP table. Casual attire. Visit www.OrindaCarShow.com.
- 21 **Orinda Classic Car Show** benefits Orinda Association's Seniors Around Town transportation program and other charities, Orinda Motors, 63 Orinda Way, 10 a.m. to 3 p.m. Visit www.OrindaCarShow.com.
- Orinda Books** hosts C.W. Gortner who will discuss and sign copies of *The Queen's Vow: A Novel of Isabella of Castile* (just out in paperback), 276 Village Square, 1 p.m. Call 254-7606.
- 22 **Speed on the Screen** presents both versions of the classic car chase movie, *Gone in 60 Seconds*, Orinda Theatre, 5:30 and 7:45 p.m. Tickets are \$10. Visit www.OrindaCarShow.com.
- Orinda Books** hosts Monica Wesolowska who will discuss and sign copies of her memoir, *Holding Silvan: A Brief Life*, 276 Village Square, 1 p.m. Call 254-7606.
- 24 **Orinda Chamber of Commerce Dine Around Town** restaurant tour features fine food and performances by Lamorinda Idol 2013 winners and finalists at Orinda Theatre Square, 6 to 8 p.m. Visit www.orindachamber.org.
- 25 **California Shakespeare Theatre** presents William Shakespeare's *A Winter's Tale* through October 20, various times, Bruns Amphitheater, 100 California Shakespeare Theatre Way, Orinda. Call 510-548-9666 or visit www.calshakes.org.
- 28 **Orinda Books** hosts Sisters-in-Crime Diana Chambers and Simon Wood who will discuss and sign copies of their latest mysteries, *Stinger* (Chambers) and *No Show* (Wood) 276 Village Square, 1 p.m. Call 254-7606.
- 29 **Third Annual Orinda Jazz Festival** features jazz workshops, concerts and headliner Jason Marsalis, Orinda Library and Courtyard, 11 a.m. to 7 p.m. Food, wine, with proceeds benefitting local schools' arts and music programs.

AT THE LIBRARY

All events are free unless otherwise specified. Note that the library will be closed on Sept. 1 and 2 for the Labor Day holiday. For more information, call 254-2184 or visit www.ccclib.org/locations/Orinda.html.

- 5 **Book Sale** sponsored by Friends of the Orinda Library, Book Shop and Sorting Area, 10 a.m. to 1 p.m.
- ESL (English as a Second Language) Conversation Circle**, practice your English conversation skills in an informal group setting, Tutoring Room, 1 to 2:30 p.m. No registration required. Also September 12, 19 and 26.
- 8 **Computer Tutoring** in basics such as email, word processing and social networking, 1 to 3 p.m. Call or visit the library to schedule one-hour session. Also September 15, 22 and 29.
- 9 **Lamorinda Kids Read**, yellow roses play an important part in Al Capone Shines my Shoes. Make a yellow rose at the library craft table through September 13.
- 10 **Toddler Lapsit**, stories, songs and fingerplays for infants to 3-year-olds and their caregivers, Gallery Room, 10 to 10:30 a.m. and 10:30 to 10:55 a.m. Drop-ins welcome, but attendance limited to once per week. Also September 11, 17, 18, 24 and 25.
- Peek-A-Book Time, songs, stories, rhythms and rhymes for infants to 16 months old and their caregivers, Gallery Room, 11:30 a.m. Also September 17 and 24.
- 14 **Saturday Morning Live** features story time for children 0-5 years, Picture Book Area, 11 to 11:30 a.m. Also September 21 and 26.
- 20 **Mystery Book Club** members read and discuss *Wanting Sheila Dead* by Jane Haddam, 3:30 to 4:30 p.m. Adult program.
- 26 **Talespinners of Contra Costa**, tell a story or just come to listen, featuring a special storyteller, Gallery Room, 7 to 9 p.m. Adult program.

CLUB MEETINGS

Diablo Star Chapter #214, Order of the Eastern Star. Second Monday, 7:30 p.m., Orinda Masonic Center. Call Karen Seaborn, 689-0995.

Friends of the Joaquin Moraga Adobe. Third Monday, 7:30 p.m., Better Homes and Garden

OrSVP Brings Poe to the Stage



DAVID DIERKS

(L-R) Malcolm Cowler, Mark Berry, Babette Bilger, and David Weiner (in back) in OrSVP's *Mouse Trap*.

By DAVID DIERKS
Assistant Editor

The Orinda Starlight Village Players (OrSVP) will finish out their 30th season with a production of Malcolm Cowler's *Escape to Bedlam* starting on September 6. OrSVP attendees will remember Cowler as a frequent actor gracing the OrSVP stage as well as directing last year's popular production of Agatha Christie's *And Then There Were None*. *Escape to Bedlam* is Cowler's adaptation of three Edgar Allan Poe stories woven together into a cohesive story.

The story follows Poe (played by OrSVP newcomer Ian Williams) and his friend James Moss (longtime OrSVP player Al Guaraglia) as they visit an asylum in England. Poe is there to gather ideas for his tales of mystery and imagination but finds more than he expected.

Cowler is a big fan of horror stories and movies. He noticed there was a lack of horror plays and decided that adapting Poe to the stage would help rectify that. "This production is not for the faint-hearted," said Cowler. As well as writing the adaptation, Cowler will be directing and acting in the production. The cast also includes familiar OrSVP faces John Chapin, Jim Fritz, Jill Gelster, Kelly Hanson, Ken Sollazzo, Claire Stevenson, and newcomer to the OrSVP stage Isabella Hermelin.

Performances are at 8:30 p.m. Friday and Saturday nights from September 6 through September 28. There will be one Sunday performance on September 21 at 4 p.m. and one Thursday performance on September 26 at 8 p.m. There will be no performance on Friday, September 20.

For more information, visit www.orsvp.org or call 925-528-9225.

Mason-McDuffie office, 51 Moraga Way, Orinda, www.moragaadobe.org.

Friends of the Orinda Creeks. Fourth Wednesday, 8:30 a.m., May Room, Orinda Library, 253-1997.

Lamorinda Alcohol Policy Coalition. Third Wednesday, 10 to 11:30 a.m. at Orinda City Hall Sarge Littlehale Room. Call 687-8844, ext. 227.

Lamorinda Sirs for Retired Men. Second Wednesday, 11 a.m. to 1:30 p.m., Holy Trinity Cultural Center, 1700 School St., Moraga. Luncheon speakers plus golf, tennis, bocce, bridge and astronomy. Call Pete Giers, 254-4667.

Lamorinda Sunrise Rotary. Every Friday, 7 a.m., Celia's Mexican, 3666 Mt. Diablo Blvd., Lafayette, 254-0440, ext. 463.

Lamorinda Toastmasters. Every Tuesday, 7:30 p.m., Temple Isaiah, 3800 Mt. Diablo Blvd., Lafayette, www.lamorinda.freetoasthost.net.

Montelindo Garden Club. Third Friday, 9 a.m., September through May, St. Stephen's Church, 66 St. Stephen's Drive. Speaker Kristin Yanker-Hansen, a garden designer, will talk on Autumn is the Second Spring. Visit www.montelindogarden.com.

Orinda Association. Second Monday, 7:15 p.m., Orinda Library, May Room, 254-0800.

Orinda Garden Club. Fourth Thursday, 10 a.m. to noon, September through May, Orinda Country Club, 315 Camino Sobrante. Speaker will be Kristin Yanker-Hansen, a garden designer. Visit www.orindagardenclub.org.

Orinda Hiking Club. Every weekend and first Wednesday. Visit www.orindahiking.org or call Ian at 254-1465.

Orinda Historical Society and Museum. Third Wednesday, 3p.m., Historical Society Museum, 26 Orinda Way, 254-1353.

Orinda Job's Daughters. First and third Monday, 7 p.m., 9 Altarinda Road, 283-7176.

Orinda Juniors Women's Club community service group. First Tuesday, September through June, 7 p.m. Contact Thama Brentano at info@orindajuniors.org or www.orindajuniors.org.

Orinda-Moraga-Lafayette AAUW. Third Wednesday, 9 a.m., Trinity Serbian Church Cultural Center, 1700 School Street, Moraga. Attorney Juan Ortiz will speak on current laws affecting immigrants. www.aauwoml.org.

Orinda Rotary. Every Wednesday, noon, Orinda Country Club, 315 Camino Sobrante, 254-2222.

Orinda/Tabor (Czech Republic) Sister City Foundation. Fourth Thursday, 7 p.m. social, 7:30 p.m. meeting, call 254-8260 for location.

Orinda Teen Advisory Council. Second Wednesday, 4 p.m., Community Center, 28 Orinda Way. Email orindateenadvisorycouncil@gmail.com.

Orinda Woman's Club. Second Tuesday, 9:30 a.m. to noon, call Jean Barnhart, 254-3881.

CITY/FIRE/SCHOOL DISTRICT MEETING SCHEDULE

Acalanes Union High School District. First and third Wednesdays, 7:30 p.m., district office, 1212 Pleasant Hill Road, Lafayette.

City Council. First and third Tuesdays, 7 p.m., Library Auditorium, www.cityoforinda.org.

Historic Landmarks Committee. Fourth Tuesday, 3 to 5 p.m., Library Garden Room. Call 925-788-7323.

Moraga-Orinda Fire District. First and third Wednesday of the month, 7 p.m.. Visit www.mofd.org/board/meetings meeting location will be posted on the agenda.

Orinda Union School District Board of Trustees. Second Monday, 6 p.m., OUSD Conference Room, 25 Orinda Way—Suite 200, Orinda, CA 94563. For the latest listing of dates, please check the website at www.orindaschools.org.

Planning Commission. Second and fourth Tuesdays, 7 p.m., Library Auditorium, www.cityoforinda.org.

Send calendar items to Maggie Sharpe at m.sharpe66@gmail.com

SEASONED SHOPPER



Seasoned Shopper
Preserving Summer's Goodness
BARBARA KOBSAR



Summer's bounty can be overwhelming with too many tomatoes, cobs of corn, buckets of blueberries, and bunches of basil. Capturing those flavors to enjoy all year long is all in the art of preserving.

Simply stated preserving is preparing food for later use by using a method such as canning, freezing or pickling. It is a simple means of satisfaction, producing beautiful jars filled with crisp cucumbers or glistening apricot jam, but on the serious side it must prevent the growth of bacteria, fungi and other micro-organisms.

In days past, canning was a part of every summer – taking the garden harvest, sealing it in sterile jars and boiling the containers to



CONTRIBUTED PHOTO

Colorful fruits at the **Orinda Farmers' Market** can be preserved to enjoy during winter months.

kill any remaining bacteria. There are two types of canning- water bath and pressure canning. Water bath is for high acid foods (like strawberries) and for foods to which acid (like lemon juice) is added (jams and pickles).

Pressure canning is for simple canning of foods like corn, beans and carrots with no added acid. When there's no acid in the jar botulism spores can grow, but pressure canning heat is high enough to kill those spores.

BE SURE TO FOLLOW PRINTED DIRECTIONS CAREFULLY WHEN CANNING!

A serving of crunchy pickled cucumbers or peppers is a treat during the winter months. There are two types of pickling – chemical pickling and fermentation

pickling. In chemical pickling, the food is placed in an edible liquid that inhibits or kills bacteria. Pickling agents include brine (high in salt), vinegar, alcohol and oils like olive oil. Most chemical pickling processes also involve heating or boiling so that the food being preserved becomes soaked with the pickling agent.

In fermentation pickling, the food itself produces the preservation agent, by a process that produces lactic acid. Kimchi and sauerkraut are types of fermented pickles.

BE SURE TO FOLLOW PRINTED DIRECTIONS CAREFULLY WHEN PICKLING!

Jamming should begin with great fruit, picked ripe from the tree and full of flavor. Choose a fruit at different stages of ripeness for the most success – a little just-ripe fruit provides more natural pectin and a little fully ripe fruit provides extra flavor. September markets are still a great source for stone fruits, figs, strawberries, pears and raspberries for aspiring jam makers!

Four basic ingredients are needed for jam (real jam) - fruit, sugar, pectin and fresh lemon juice. There is a crucial balance between pectin, acid and sugar for the fruit to set properly so **be sure to follow directions carefully when using commercial pectin.**

Preserving fruit by making jam involves boiling (to reduce the fruit's moisture content and to kill bacteria), adding sugar to prevent their re-growth and sealing in an airtight jar to prevent contamination.

Herb gardens are a wonderful resource for any cook, and there are two options for successful preserving. For herbs like basil, parsley and cilantro remove the stems and process each herb separately in a food processor. Add a touch of olive oil to coat the leaves, them pack into a freezer bag and flatten. For herbs like sage, bay, oregano and rosemary, bundle a small clump of herbs together and secure the stems with a rubber band. Hang to dry in a dark, warm, dry area. When leaves are dry remove them from the stems and store in jars away from sunlight.

If you are in possession of some extra

freezer space, you'll find it's one of the easiest places to preserve a wide range of foods – tomatoes, berries, peppers and corn top the list. Wash tomatoes, place in freezer bags and freeze whole. When ready to use the tomatoes for soups or sauces, place in a bowl and cover with water. Let stand for 5 minutes or so until the skins are loose – they'll slip right off.

Berries such as blueberries, blackberries and raspberries can be frozen whole. Strawberries need hulling before freezing. Wash and drain the berries, place in a single layer on a baking sheet, freeze, and then

pop berries into freezer bags.

Frozen peppers are great in winter sauté dishes or added to onions for omelets. Wash peppers, remove the seeds (wear gloves if working with hot peppers like jalapeno), remove core and seeds, and slice into julienne strips or small chunks. Place in freezer bags and squeeze out the air before sealing and freezing.

It's easy to freeze corn – off the cob or on. Blanch cobs of shucked corn for 3 minutes. Plunge into cold water. Scrape kernels off and place in freezer bags. Do

[SEE MARKET page 27]



Contra Costa Certified Farmers' Markets!
Sweet 16 Years of Service
Saturdays 9am to 1pm
May 4th - November 23
Orinda Way, Orinda Village
925-431-8361 • www.cccfm.org
Serving local Contra Costa communities since 1982




BLUE RIDGE
LANDSCAPE CO. INC.
LICENSE # 818633
Phone 925 258 9233 Cell 510 847 6160
BLUERIDGELC.COM

DESIGN
INSTALLATION
IRRIGATION
DRAINAGE
STONE WORK
CONCRETE WORK
DECKS
FENCES
PATIOS
LAWNS
PONDS
CLEAN UP & HAULING

CLCA
LICENSED INSURED.



NAVIGATING THE MARKET...
The Right Broker Makes All The Difference



DAVID PIERCE
BROKER-REALTOR
925 .254 .5984

Rewarding Real Estate Outcomes
for Lamorinda Since 1987

david.pierce@cbtnorcal.com
web | www.davidpierce.net
5 Moraga Way | Orinda | CA 94563
BRE #00964185

ORINDA MANDARIN CHINESE PROGRAM



智慧 歡喜

The Orinda Mandarin Chinese Language Program, a not for profit program started in 2006, teaches children from grades K-8 to read and write Chinese through a rigorous but enjoyable curriculum. Classes are held at Holy Shepherd Lutheran Church, 433 Moraga Way, Orinda on Mondays and Wednesdays. OIS classes held on OIS campus each morning before school.

Fall classes begin on Monday, September 23, 2013

Come to our open house on Wednesday, September 18 from 3:30 to 4:30 p.m.

Refer a new student, and get a 10% discount for the fall semester!

For more information, please check out
www.orindamandarin.org
or call (925) 876-0352

Business Buzz Putting a Personal Face on Local Business

Valerie Hotz



To send items for consideration, email Hotz at v.hotz@att.net.

Hanazen Japanese Restaurant for Sushi and Sake

Strolling along the block of Orinda Way between Camino Sobrante and Camino Pablo, one can savor the atmosphere reminiscent of old Carmel. It is a quiet part of town filled with friendly merchants. At 87 Orinda Way, adjacent to Geppetto's, Hanazen Japanese Restaurant is situated slightly set back from the sidewalk. This tiny establishment seats only 18 so making reservations well in advance is always necessary.

Owned and operated by chef Kenji and his wife, Coco, diners experience authentic Japanese sushi in a very cozy atmosphere punctuated by highly personalized service. "We have only one chef - Kenji - so dining here is very pleasant and relaxed. Kenji prepares only what each customer orders, when the customer orders it. He does not prepare ahead because it is important to us to serve fresh sushi and sashimi for each customer," explains Coco. This is strictly sushi. You will find no beef and no noodle at Hanazen.

Open from 5:30 - 9 p.m. Monday through Thursday, 5:30 - 9:30 p.m. on Friday and 5:30 - 9 p.m. on Saturday, stools are situated at the sushi bar and three tables complete the dining room arrangement. "We absolutely require reservations in advance because we are so small," says Coco.

"Sometimes people do not understand it is just Kenji and myself serving them, so the dining experience here is leisurely."

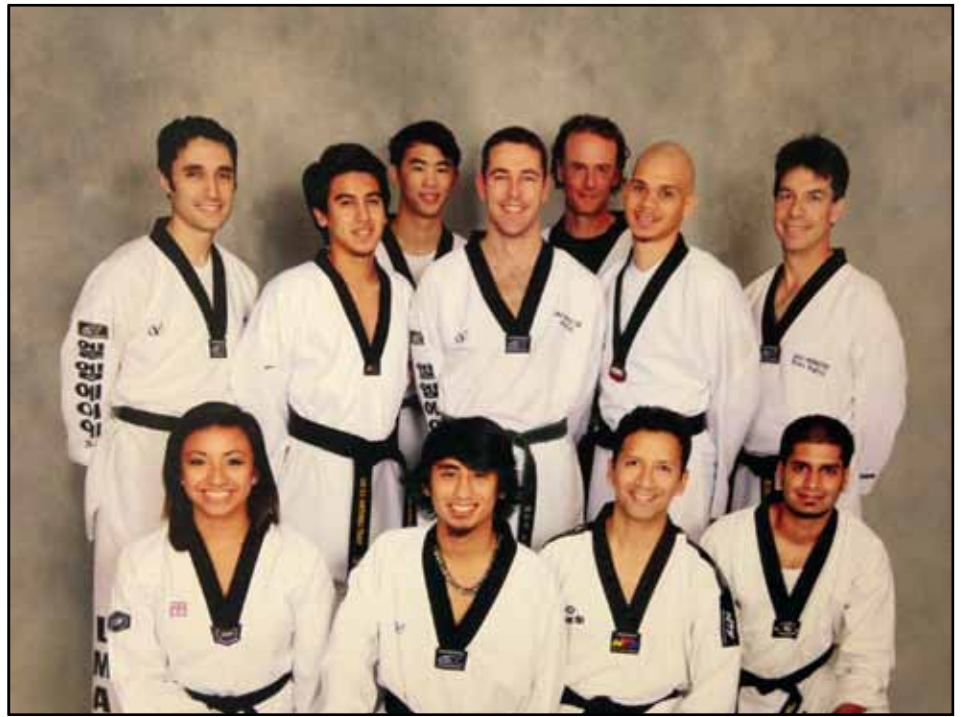
A handy illustrated guide explaining the proper way to eat sushi is placed on each table. "Many people do not know that ginger is a palate cleanser. It is not proper to place ginger on top of sashimi or sushi. It is only eaten separate from sushi to cleanse the palate. In fact, it is a great insult to the chef to eat ginger at the same time one consumes sushi," explains Coco.

Kenji trained as a chef in Osaka and brings 30 years of experience to diners at Hanazen. Coco is a licensed sake sommelier, offering 28 different kinds of sake. In addition, three kinds of shochu, a distilled liquor also called Japanese vodka or whiskey, is featured on the menu. Daily specials are posted on the chalkboard behind the sushi bar.

Coco and Kenji are both originally from Japan and met here in the Bay Area. Op-



VALERIE HOTZ
Hanazen Japanese Restaurant includes 28 different kinds of sake.



CONTRIBUTED PHOTO

Members and instructors at Lamorinda Martial Arts Studio have won top honors across the country. Top Row (L-R) Jason Alvelias, James Howe, Chris Uy, John Drath (owner), Chris Crabtree, TJ Curry (2012 Olympic alternate), and Rob Bradford. Lower row (L-R) Kim Cruz, Sandesh Gurung, Gerardo Pawcheco, and J. Bhatnagar.

erating Hanazen six days a week does not leave much spare time for the couple. "We spend Sundays simply relaxing or perhaps shopping," smiles Coco.

Plan well ahead and call 254-3611 to place your reservation. Be sure to allow plenty of time to savor and enjoy the Hanazen dining experience.

Lamorinda Martial Arts Studio

Orinda native John Drath established Lamorinda Martial Arts Studio (LMAS) at One Orinda Way - adjacent to Yan's Restaurant - in 2002 after developing a fine reputation while teaching martial arts at Oakwood Athletic Club for several years. "The program there became so overwhelmingly popular that people began lining up at 5:30 a.m. to get admitted into the 6 a.m. class. When I realized that many would-be

students could not join Oakwood, I knew the time was ripe to open my own business," shares Drath.

A believer in the role of martial arts in training the mind, body and spirit to be strong and remain that way, Drath has been a competitor for the past 16 years. He won the California State championship title, several regional championships, as well as the U. S. national championships and is currently training for next year's nationals. "It is a huge confidence builder in general to practice martial arts, which serves to strengthen your body, keeping one healthy and strong," he points out.

All instructors are experts in Tae Kwan Do, the primary martial art taught at LMAS. It became a full Olympic sport in the year 2000. "I recruited an all star crew of instruc-

[SEE BUZZ page 27]

Introducing your dedicated travel consultants!

5 REASONS
TO CONTACT US TODAY!



KNOWLEDGE & DESTINATION EXPERTISE

We've traveled the world. Benefit from our first-hand experience and insider connections.

EXCLUSIVE PRIVILEGES

Enjoy a wide range of exclusive benefits when you reserve your cruise, hotel or resort vacation with us.

GLOBAL NETWORK

Worldwide partnerships enable us to create unique, tailor-made travel experiences that will exceed your expectations.

BEST VALUE FOR YOUR TRAVEL DOLLAR

Visit our website to easily search and compare multiple options. Plus, sign up to receive our latest offers and travel tips. Our pricing is highly competitive.

PEACE OF MIND

Leave the planning to a professional who will be there for you before, during & after your trip.



Valerie O'Connell and Colleen O'Connell

CRUISE ADVENTURES UNLIMITED
1610 Locust Street, Walnut Creek, CA 94596
925-935-7447 • 800-788-0193
M-F 9 - 5:30, Saturday 10:00 - 2:00
www.cruiseadventuresunlimited.com

Family Owned & Operated

Build Your Empire!!

With Empire Realty Associates *Power Team*

Vicki Nakamura & Melanie Peterson-Katz

(Lamorinda Residents For 30+ Years)

Offering 60 Years Of Collective Sales Experience

Put Us To Work And Realize Top Dollar When You Sell,
Or Your Dream Home When You Buy



Vicki Nakamura

Broker Associate

(925) 708-1915

VNakamura@EmpireRA.com



106 Lexford Road

Sold \$248,000 Over List Price



Melanie Peterson-Katz

Partner

(925) 765-4444

MPeterson@EmpireRA.com

OFFER

Yan's Chinese Cuisine

(Formerly Hsiang's At 1 Orinda Way New To Orinda)

10% Off Your
Entire Order

Show This Ad and Receive 10% Off Your Entire Order at Yan's Chinese Cuisine Compliments of Vicki Nakamura and Melanie Peterson-Katz. This coupon offer is offered by Vicki Nakamura and Melanie Peterson-Katz, Realtors, Empire Realty Associates and their representatives and Yan's Chinese Cuisine are not liable. Coupon can be saved and re-used each time you order. No duplication.

Compliments of Vicki Nakamura
and Melanie Peterson-Katz



BUSINESS BUZZ

◆ BUZZ from page 26

tors with records that beat mine, among them two of the best competitors in the world that currently teach here," says Drath.

Appealing to students of all ages, youngsters as young as four years of age receive coaching here. One student achieved black belt status while in his fifties and yet another student has taken up the sport in his sixties. "Learning self-defense movements and becoming proficient is empowering as well as fun," adds Drath.

A wide-range of class offerings include all-level classes for children ages four to seven and another all-level class for eight to twelve year-olds. Adult beginner classes are scheduled Monday evenings from 6:10 to 7:10 p.m. A complete schedule of classes may be viewed on the LMAS website at www.tkdmas.com.

Committed to the concept of giving back LMAS hosts fundraisers for important causes. "Students raised over \$12,000 for the Japan relief fund after the disaster there in 2011 as well as another fundraiser for St. Jude's Hospital."

For more information about LMAS, call 925-639-4096 or email Drath at lmastkd@yahoo.com.

◆ Tina Fletcher at Morgan Stanley's Orinda Office

With 32 years of experience in wealth management, certified financial planner Tina Fletcher relocated from Morgan Stanley's Berkeley office to the third floor Theatre Square location this summer as she develops a larger business presence in her own community. The Orinda Morgan Stanley branch has served the community at this location since 1995.

"I work primarily with individuals and families to help conserve and strengthen their wealth using a holistic process to set and manage investment goals and develop financial plans," explains Fletcher. "Chang-



VALERIE HOTZ

Tina Fletcher of Morgan Stanley.

ing life circumstances often mitigate ongoing fine tuning of financial plans. Utilizing outside money managers for a portion of the equity investments allows me time to monitor not just the money managers but also changes in the market and the economy that could affect their investment strategy."

Fletcher enjoys working with clients to help them achieve their life dreams. "Sometimes people get afraid when markets go up and down. I am very disciplined and assist them in following the blueprint we have created that embraces their goals."

Working with high net worth individuals and families, as well as many others who are referred to her, Fletcher helps clients to articulate financial goals and where they want to be in 20 years. Fletcher evaluates performance on an ongoing basis. "I don't try to be all things to all people, but instead develop an investment objective plan with a client, implement the plan and keep them on track," she explains. Fletcher credits her able sales assistant, Susan Davitz, for her strong experience and efficient follow up on administrative details.

◆ SHAKES from page 3

LaBelle's coach. Other venues her work has been seen at include NYSF Shakespeare in the Park, BAM, Second Stage, The Public Theater, The O'Neill, Lincoln Center Institute and Nuyorican Poetry Cafe. She attended the Yale School of Drama.

Patricia and her sister Paloma are co-founders of Angela's Pulse, which "creates collaborative performance work rooted in building community and telling untold stories." Paloma has toured as a company member of Urban Bush Women, performing throughout the U.S., Europe and Senegal and a State Department tour to South America.

A graduate of the University of California at Berkeley, Tina is married to artist Robert Hernandez, who specializes in collage. His studio is located in West Oakland. Hernandez also owns and manages a local house painting business.

The couple has resided in Orinda since 1986. Their three sons attended Orinda schools. "Cameron loves the water and earned a bachelor's degree in underwater archeology. He is now enrolled in firefight-

◆ MARKET from page 25

not defrost before cooking. To freeze whole cobs of corn, blanch shucked corn for 3 to 4 minutes, drain and place in freezer bags. When ready to serve simmer or steam for 6 minutes.

Enjoy and see you at the market!

The Orinda Farmers' market is open every Saturday from 9 a.m. to 1 p.m. on Orinda Way in front of the Community Park and Rite Aid. For more information visit the website at www.cccfm.org or call the market hotline at 925-431-8361.

Barbara Kobsar, *The Seasoned Shopper*, can be reached at cotkitchen@aol.com.

The plot *A Winter's Tale* centers on the choices made by King Leontes of Sicily who becomes obsessed with the thought that his Queen has become pregnant from an affair with his long time friend Polixenes, King of Bohemia. The baby is sent into exile, and her Mother appears to die of heartbreak. The child is raised as a shepherd's daughter, and like many other Shakespearean plays, a case of mistaken identity must be solved.

For information or to charge tickets by phone with VISA, MasterCard or AmEx, call the Cal Shakes Box Office at 510-548-9666 or email at boxoffice@calshakes.org. Additional information and online ticketing are available at calshakes.org.

ing classes at community college. Gabriel loves the air and is in pilot training. He is very active in the Civil Air Patrol," explains Fletcher. Ten year-old Michael enters the 5th grade at Glorietta this month and is a Webelo in the Boy Scouts.

Gardening, hiking and cooking consume Fletcher's free time, as well as volunteering in the local public schools. She has been heavily involved in the Boy Scouts for nearly 20 years.

For more information, visit the website at www.morganstanleyfa.com.tinafletcher or call 253-5316.

SALSA DANCE CLASSES
with Tomaj

No Partner Required
Every MONDAY!
7 p.m. - Beginner
8 p.m. - Intermediate

Orinda Community Center
26 Orinda Way, Orinda
415-505-3536
www.SalsawithTomaj.com

PAID ADVERTISEMENT

GROWING OLD IS A JOURNEY. IT BECOMES LESS DAUNTING WHEN PEOPLE CARE.



VANESSA VALERIO, RN
VP and COO for Patient Care
Care Indeed • (925) 317-3080
VanessaV@CareIndeed.com
www.HomeCareOrinda.com

I was taken aback by his son's behavior. Growing old is not easy. Some people are fortunate that they are able, or given a chance, to deal with aging gracefully. Older adults do not like to be rushed. When they are allowed to function at a moderately slow pace, their comprehension is enhanced.

The incident that I witnessed is the opposite of what I'd like to see. I have provided care to many seniors and I know that a loving relationship with their family is a positive influence during this stage of life.

Perhaps the best gift that we can offer our seniors is compassion. Encouraging our seniors to make decisions that affect their lives seems only natural, but it is frequently ignored. With sufficient information and time, most individuals will make sound decisions. Decisions can involve something as simple as ordering a meal for themselves - without being rushed.

Our seniors fear losing their independence. Sometimes we need to step back and understand what it's like to be in their shoes. Have you ever wondered how challenging it is to read with failing vision? Have you thought how difficult it would be to access basic services in the community when you can no longer drive? Have you imagined how hard it is to walk, or even write, when you suffer from arthritis? If and when you see an elderly who is struggling to sign his name, give him time.

Let's value and treat our seniors with respect. Let's help them maintain a positive self-image. Let's encourage them to participate in life's pleasurable activities. Let's listen to their stories; this will help us learn what is important to them or what they truly want during life's final chapter. ✂️





"A Walk Through the Poppies" Oil on Canvass by Allison McCrady \$1800.00



FREE

Back to School Art Class for Moms

Monday, September 16th from 11am to 3pm
Please call or email the gallery for more information;
925-788-5866 or allisonmccradyfinearts@gmail.com

The Gallery also offers Children's Art Classes